



**KEJOHANAN OLAHRAGA TERBUKA
SUKMA TRIALS
POWPKL/MSWP/MILO 2024
Trek Latihan MSN, Bukit
Jalil Kuala Lumpur
27 - 28 January 2024**



111 400 Meter Lelaki - Heats 1 (Time: 10:35 AM)

HEAT : 1 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	171	LEE YUNG SANG	CHUNG LING PRIVATE HIGH SCHOOL		
3	241	AISY WAFEEQ	BEECITY SQUAD		
4	318	AMMAR HAKEEM BIN MOHD FU'AD	WIPERS		
5	55	ONG ZI YANG	FALCON ATHLETICS		
6	445	AHMAD DARWISH FIRDAUS BIN MOHD FAIRUS	PONS (SUKMA)		
7	621	ANG KAI YANG	PEGASUS		
8	654	MUHAMMAD ANAS B MUHAMMAD ZUBIR KANAN	MSN PERAK		
9	482	SASHVEIN AVINASH MARRAN	MBPJ		

111 400 Meter Lelaki - Heats 2 (Time: 10:35 AM)

HEAT : 2 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	454	EIDIL SYAQUAN BIN AZIS	JESS ATHLETICS		
3	622	FONG QI VEI	PEGASUS		
4	657	FARISH NAZMI B. ISHAK	MSN PERAK		
5	310	NG MING YEW	WIPERS		
6	490	NAGULLEN A/L KOGULAN	KELAB OLAHRAGA SETIAWANGSA		
7	483	SASHVEIN RAASH	MBPJ		
8	418	TAN XUAN YI	TEAM MAG		
9	121	TYLER MARTIN	MSN SELANGOR		

111 400 Meter Lelaki - Heats 3 (Time: 10:35 AM)

HEAT : 3 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	296	KEERTHI VAASAN A/L ELANGOMURUGAN	ALFA GABRIANS		
3	484	DHARSHAN TAN SISUBALAN	MBPJ		
4	419	LEE XIAN HAO	TEAM MAG		
5	131	ANDI NASRUL BIN JAINUDDIN	MSN SELANGOR		
6	479	NANTHAKISHOR A/L MURALITHARAN	MBPJ		
7	152	MUHAMMAD ADAM NAIMI BIN HAMZAH	PLD MELAKA		
8	543	AKIF AKMAL BIN MOHAMMAD HAIRUL	TITAN ATHLETICS 3		
9	659	EDDRIC RAJ A/L FRANCIS XAVIOR	MSN PERAK		

OUR PARTNERS





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111 400 Meter Lelaki - Heats 4 (Time: 10:35 AM)

HEAT : 4 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	485	MONIV TAN SISUBALAN	MBPJ		
3	522	MUHAMMAD AL QAWIEM THAQIF B ARIFFIN	TITAN ATHLETICS 3		
4	437	AHMAD ZAID BIN ABAS	PONS (SUKMA)		
5	117	SHAHRUL AMRI ZULKIFLI	MSN SELANGOR		
6	248	AREEQ NUSAIR BIN HAIRUL NABEEL ISKANDAR	BEECITY SQUAD		
7	655	DANESH RAJ A/L RAMANATHAN	MSN PERAK		
8	300	OVIINAASH A/L VEKNESVARAN	ALFA GABRIANS		
9	48	BOWEN NG YI KHAI	FALCON ATHLETICS		

111 400 Meter Lelaki - Heats 5 (Time: 10:35 AM)

HEAT : 5 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	116	SUTHARSHEN BAHVA A/L DINESH BABU	MSN SELANGOR		
3	547	MUHAMMAD DANIEL ZULKARNAI B ABD RASAD	TITAN ATHLETICS 3		
4	481	SAMUEL RUBEN	MBPJ		
5	160	WILLIAM KHOR ZHENG SHENG	CHUNG LING PRIVATE HIGH SCHOOL		
6	565	DISHALAN A/L MANIMARAN	KELAB OLAHRAGA SETIAWANGSA		
7	363	EMMET ZARIQ SHAH BIN AZRUL IZAHARRUDIN SHAH	SUKMA JOHOR		
8	246	AHMAD ADIB NAUFAL BIN ABDULLAH	BEECITY SQUAD		
9	495	KIRUBAN RAJ A/L BIKROMOPOTI	KELAB OLAHRAGA SETIAWANGSA		

111 400 Meter Lelaki - Heats 6 (Time: 10:35 AM)

HEAT : 6 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	216	MUHAMMAD IRFAN HADIF BIN MOHD FAUZI	MutiaraR		
3	24	MUAZ HILMI BIN ABDULLAH FADZIL	SMK BUKHARY		
4	549	TAUFIQ NUR HAIQAL BIN TAJUL IZHAN	TITAN ATHLETICS 3		
5	197	MUHAMMAD DZUL DANISH BIN JAMARI	KEDAH		
6	581	MUHAMMAD AZIF IKHFAN BIN OMAR	POA TERENGGANU		
7	319	AQIL BIN MISNI	WIPERS		
8	371	Harrish A/L Poobalan	BEBAS (HARRISH)		
9	56	MOHAMAD DANISH AL MIRAN BIN MD ASHRAF UDDIN	FALCON ATHLETICS		

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111 400 Meter Lelaki - Heats 7 (Time: 10:35 AM)

HEAT : 7 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	142	THARSAN A/L KANISEN	MSN SELANGOR		
3	200	MUHAMMAD SYAKIR BIN AZMI	KEDAH		
4	585	MUHAMMAD AKHIL HAIKAL BIN ZULHAZMI	POA TERENGGANU		
5	333	HAFIZ LUQMAN BIN FAIZUL RIZAL	UIAM		
5	333	HAFIZ LUQMAN BIN FAIZUL RIZAL	UIAM		
6	408	WAN MOHAMAD ALHAFIZ BIN WAN MOHAMED KOZANI	KELANTAN		
7	524	MUHAMMAD AQIL KHAIRANI	TITAN ATHLETICS 3		
8	202	MYCOLIE MARIUS	KBIANS ATHLETICS		
9	491	VESHAL A/L KAJAPATHY	KELAB OLAHRAGA SETIAWANGSA		

111 400 Meter Lelaki - Heats 8 (Time: 10:35 AM)

HEAT : 8 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
2	684	MUHAMMAD DANISH ZAFRAN	PLMSD KUALA SELANGOR		
3	551	ASHRAFF RAFIQQ B. MOHD RAHMAT	TITAN ATHLETICS 3		
4	204	MUKESH MUVINDRAN A/L MOHAN	KBIANS ATHLETICS		
5	358	MUHD HAIKAL BIN MOHD KHIR	SUKMA JOHOR		
6	435	SARVIN A/L K.KANNIS	PONS (SUKMA)		
7	198	HAZIQ IKHWAN BIN ADNAN	KEDAH		
8	614	TAN KAR KIEN	PEGASUS		
9	217	MUHAMMAD FIRAS BIN HAIRUL MIZAN	MutiaraR		

111 400 Meter Lelaki - Heats 9 (Time: 10:35 AM)

HEAT : 9 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
3	232	THIAN LE	CHKL TNF		
4	576	RAIYAN ISQANDAR BIN AMIR HAMZI	POA TERENGGANU		
5	298	MAGESWARAN A/L THURAIINGAM	ALFA GABRIANS		
6	617	HAM YI SWEN	PEGASUS		
7	357	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR		
8	316	MUHAMMAD DANIAL ZAQWAN BIN MUHD AYUD	WIPERS		
9	26	MUHAMMAD IZZAT SYAUQI BIN MOHD HAFIZ	SMK BUKHARY		

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111 400 Meter Lelaki - Heats 10 (Time: 10:35 AM)

HEAT : 10 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
3	663	IFWAT HAIDAR BIN MOHD ROSDI	WIPERS		
4	336	MUHAMMAD SYAFIE BIN MOHD JOHARI	UIAM		
4	336	MUHAMMAD SYAFIE BIN MOHD JOHARI	UIAM		
5	249	MUHAMMAD AZEEM MIIQAEL BIN SULAIMAN	BEECITY SQUAD		
6	311	VALEN GAN SEONG HOO	WIPERS		
7	362	MOHAMAD AKMAL HAZIQ BIN MOHD ZAHARI	SUKMA JOHOR		
8	474	MUHAMMAD DANIEL BIN SAFRI	UNIMEL ATHLETIC CLUB		
9	590	MUHAMMAD SYAKIF AIDIL BIN SAHARIZAN	SMK BANGSAR		

111 400 Meter Lelaki - Heats 11 (Time: 10:35 AM)

HEAT : 11 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
3	234	KOH SHUN YUAN	CHKL TNF		
4	366	JIVINESH A/L ARUMUGAM	SUKMA JOHOR		
5	446	MUHAMMAD DANIAL MOHAMMAD HAIRI BIN ABDUL HAKIM	PONS (SUKMA)		
6	312	WAN OTHMAN JOHAAN BIN WAN AHMAD MUADZAM	WIPERS		
7	575	MUHAMMAD THAQIF LUTFI BIN AZMAN	POA TERENGGANU		
8	27	NUR NAJHI BIN NORDIN	SMK BUKHARY		
9	469	WILLIAM WALTER	SABAH		

111 400 Meter Lelaki - Heats 12 (Time: 10:35 AM)

HEAT : 12 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
3	02	Wong Jacky	JASON FONG		
4	317	RAIS RAZIQ BIN MUSTAPHA KAMAL	WIPERS		
5	28	MUHAMMAD ADLIN IMAN BIN ZAINUDIN	SMK BUKHARY		
6	442	EZRA JAMES SIMON	PONS (SUKMA)		
7	468	MUHAMMAD KHALIL HELMI	SABAH		
8	623	AHMAD DANISH BIN AHMAD NIZAM	PEGASUS		
9	649	KANISHKANN A/L NATHAN	MSN PERAK		

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HEAT : 13 OF 13					
LANE	BIB NO	ATHLETE I	TEAM		
3	480	KAVEESHAN LI HUI FANG	MBPJ		
4	299	JISHVAN RAU A/L MAHINTRA	ALFA GABRIANS		
5	604	DHEEVESH A/L SARAVANAN	KELAB OLAHRAGA SETIAWANGSA		
6	252	MUHAMMAD AMSYAR BIN MUSTHAZA	SMK TINGGI SETAPAK		
7	526	MUHAMMAD ZAFRAN ARIF BIN MOHAMAD ZAKRI	TITAN ATHLETICS 3		
8	650	AHMAD AMIR AIMAN B. MD KAMARUDIN	MSN PERAK		
9	666	MUHAMMAD DANIEL HAQIEM BIN AZMAN	CAK SPORT ACADEMY		

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