



3000m Lari Berhalangan Wanita

Record	Result	Name	Team	Vanue	Date
GR	12:09.35	ESTHER JOI CHEN HONG LI	UNITAR		01 Jan 2012

Q = Qualified by place , q = Qualified by time

G = Gold , S = Silver , B = Bronze

Summary Result

Rank	ID	Athlete	Team	Time	
1	0539	ATHIRAH SYAZA BINTI MORAZRAIN	POLIMAS	13:33.96	G
2	0613	AINUR SHAFIQAH AZMI	UPM	13:55.05	S
3	0535	KOH JUN YUAN	MMU	14:01.26	B
4	0616	GHAYATRY A/P S.DIVAGARAN	UPM	14:40.90	
5	0577	CAROLINE MBANG ROBERT	UNIMAS	15:47.96	
DNF	0552	NURUL NISA' AYUNI BINTI ZAKARIA	UKM	DNF	
DNF	0560	NUR IRSALINA BINTI ZAKARIA	UM	DNF	
DNS	0635	PUSPA LETCHUMY A/P JAINTHERAN	UTM	DNS	