

**3000m Lari Berhalangan Lelaki DIAMOND**

Record	Result	Name	Team	Vanue	Date
CR	9:45.06	Daren James Nair A/L Rodney James	NEWTON		
Record	Result	Name	Team	Vanue	Date
NR	8:59.10	Nainasagoram Shanmuganathan			01 Jan 1998

Q = Qualified by place , q = Qualified by time

G = Gold , S = Silver , B = Bronze

Summary Result

Rank	ID	Athlete	Team	Time	
1	0255	MUHAMMAD SHAHRIL AIMAN B. MOHD	USIM	10:17.59	G
2	0231	SYED ALI ZAINAL ABIDIN BIN SYED	UPNM	10:32.56	S
3	0209	MATHAN RAJ	UPM	10:49.25	B
4	0217	MUHAMMAD FARIS FAUHARI SALMAN	UPM	12:32.41	
5	0277	LUQMAN BIN NOOR AZAM	UTHM	12:56.57	
DNS	0233	AHMAD IZZAT IRFAN BIN SHARUL AZ	UPSI	DNS	