



3000m Lari Berhalangan Lelaki

Record	Result	Name	Team	Vanue	Date
CR	9:45.06	Daren James Nair A/L Rodney James	Newton		
Record	Result	Name	Team	Vanue	Date
NR	8:59.10	Nainasagoram Shanmuganathan			17 Sep 1998

Q = Qualified by place , q = Qualified by time

G = Gold , S = Silver , B = Bronze

Summary Result

Rank	ID	Athlete	Team	Time	
1	0105	ZAIYUSRI BIN ZAINON	UITM	10:24.75	G
2	0242	MOGESHKUMAR A/L RAGUNATHAN	UM	10:35.54	S
3	0162	KU AMIRULDIN BIN KU OTHMAN	UTM	11:04.34	B
4	0190	MUHAMMAD IZZAT MIRZA BIN MOHD Y	UTHM	11:28.92	
5	0307	ANGU UMI	UMT	12:04.56	
6	0352	PUVINTEN A/L MANOHARAN	POLI MAS	12:15.95	
7	0168	CHEN WEI MENG	TAR UMT	12:51.07	
8	0143	MUHAMMAD HARITH BIN HAMZAH	UIAM	12:54.45	
DNF	0191	LUQMAN BIN NOOR AZAM	UTHM	DNF	
DNF	0288	MUHAMMAD FARIS FAUHARI SALMAN	UPM	DNF	
DNF	0344	MUHAMMAD SHAHRIL AIMAAN B. MOHD	USIM	DNF	
DNF	0351	NUR AIERIL HAIMI BIN HUSSIEN	POLI MAS	DNF	