

**4X400M LELAKI**

Record	Result	Name	Team	Vanue	Date
GR	3:12.66	TEAM MELAKA	MELAKA	SARAWAK	01 Jan 2016
Record	Result	Name	Team	Vanue	Date
NR	3:06.64	TEAM MALAYSIA	MALAYSIA	KUALA LUMPUR	23 Oct 1991

Q = Qualified by place , q = Qualified by time

G = Gold , S = Silver , B = Bronze

Summary Result

Rank	ID	Athlete	Team	Time	
1	000J	JOHOR	JHR	3:17.58	Q
2	000Q	SARAWAK	SWK	3:17.96	Q
3	000S	SABAH	SBH	3:18.73	Q
4	000A	PERAK	PRK	3:21.10	Q
5	000T	TERENGGANU	TRG	3:23.88	Q
6	000D	KELANTAN	KEL	3:24.52	q
7	000W	W.PERSEKUTUAN	WPE	3:24.94	Q
8	000K	KEDAH	KDH	3:27.82	q
9	000R	PERLIS	PER	3:31.75	
10	000M	MELAKA	MLK	3:49.79	

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Result by Heat

Heat 1 of 2			
Rank	Name	Team	Time
1	JHR	JHR	3:17.58 Q
2	SWK	SWK	3:17.96 Q
3	SBH	SBH	3:18.73 Q
4	KEL	KEL	3:24.52 q
5	PER	PER	3:31.75
Heat 2 of 2			
Rank	Name	Team	Time
1	PRK	PRK	3:21.10 Q
2	TRG	TRG	3:23.88 Q
3	WPE	WPE	3:24.94 Q
4	KDH	KDH	3:27.82 q
5	MLK	MLK	3:49.79