



10000m Lelaki

Q = Qualified by place , q = Qualified by time

G = Gold , S = Silver , B = Bronze

Summary Result

Ran k	ID	Athlete	Team	Time	
1	0243	NIK FAKARUDDIN BIN ISMAIL	TENTERA DARAT	34:07.84	G
2	0218	MOHAMMAD FAROOQ BIN MUHAMMAD ZU	KELAB OLAHRAGA GARUDA/APPGM-SDG	34:21.32	S
3	0317	JOSHUA NICOLE	MSN SELANGOR	34:32.55	B
4	0244	JENSEN A/L JULIAN	TENTERA DARAT	34:37.71	
5	0584	DINESH VARMA SELVAM	KOM	34:53.60	
6	0297	GAUTHAM A/L VADIVELU	MSN SELANGOR	35:00.20	
7	0506	VIJIYA SANGGARAN A/L RAJENDRAN	PONS (SUKMA)	35:23.29	
8	0781	SHREE RAM A/L RAMESH	PERAK	35:30.34	
9	0757	ABDUL QUZAIMI BIN KIS DINUMA	POA TERENGGANU	35:50.66	
10	0131	MUHAMMAD SYAFIQ BIN ANUAR	MELAKA	36:19.45	
11	0374	MUHAMMAD FARIS AMZAR BIN MUZAKR	PERLIS	36:28.80	
12	0388	MUHAMMAD ANIQ NAUFAL BIN MUZAKR	PERLIS	37:15.90	
13	0415	MUHAMMAD NOOR FAHMI BIN JAMIL	BEBAS (MUHAMMAD IHYAK BIN HIMAM	37:31.43	
14	0361	DARSHAN RAJ A/L KUMARAN	KELAB OLAHRAGA SUPERSTAR	37:57.90	
15	0320	SABINESSHVER A/L ARUL THEVER	MSN SELANGOR	38:06.63	
16	0141	MUHAMMAD AZREEN BIN JA`AFAR	MELAKA	38:26.44	
17	0360	SRINAVANTHAN A/L RAMASAMY	KELAB OLAHRAGA SUPERSTAR	38:31.57	
18	0147	WEE SHAO HENG	MELAKA	39:20.46	
19	0661	LOKE GUAN SHENG	PULAU PINANG	41:40.10	
20	0534	MUHAMMAD SAFIY SAFWAN BIN MOHD	SMK MUTIARA IMPIAN (MI ATHLETIC	41:50.84	
DNF	0413	MUHAMMAD IHYAK BIN HIMAM	BEBAS (MUHAMMAD IHYAK BIN HIMAM	DNF	
DNF	0414	AMIRUL AFIQ BIN NASRUDDIN	BEBAS (MUHAMMAD IHYAK BIN HIMAM	DNF	
DNF	0408	SYHIR NAWAS KHAN BIN ZARAISH KH	KEDAH	DNF	
DNF	0533	MUHAMMAD ADAM NZE EZEAMAKU BIN	SMK MUTIARA IMPIAN (MI ATHLETIC	DNF	
DNF	0766	MOHAMAD AHSAN BIN ATTA-UR RAHMA	MSN SABAH (MARIO)	DNF	
DNS	0316	YUVANESH A/L JEVA	MSN SELANGOR	DNS	
DNS	0220	PIRATHISH A/L RAJA	KELAB OLAHRAGA GARUDA/APPGM-SDG	DNS	
DNS	0785	SHAWN ROSHAN SINGH	PERAK	DNS	