

**400m L15**

Record	Result	Name	Team	Vanue	Date
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CR

Q = Qualified by place , q = Qualified by time

G = Gold , S = Silver , B = Bronze

Summary Result

Rank	ID	Athlete	Team	Time	React
1	0149	VENKET PRABU A/L KALITHASAN	TEAM COACH FAROUK	52.53	
2	0599	MUHAMMAD FIRDAUS HARUN	MI ATHLETICS	53.62	
3	0861	AISH MUHAIMIN BABA AL ZAMZURI	HV PENANG	54.48	
4	0829	HAZIQ IKHWAN BIN ADNAN	TEAM KMY	54.63	
5	0184	CHUA BOON HIN	TEAM SENTOSA	54.85	
6	0862	MUHAMMAD NIZAR HAMZI MOHAMAD NO	HV PENANG	55.25	
7	0568	MIZAN MUHAIMIN BIN MOHD AZALAN	CAK SPORT ACADEMY	55.87	
8	0317	SEAN HUE SHER HENG	KAWAN ATHLETICS	55.98	
9	0894	ADAM ZAFIRUL ANUAR	TAR MLD PERLIS	56.01	
10	0183	LIM JENG HEE	TEAM SENTOSA	56.06	
11	0302	AHMAD AFIF ROMZI	RBBAC	57.63	
12	0737	AHMAD YASIN HASANI SHUKRI	BAKAI ELITE	58.25	
13	0895	HADIRIN OSMAN	TAR MLD PERLIS	59.13	
14	0567	ZAID IQRAM BIN ZAINUDDIN	CAK SPORT ACADEMY	59.42	
15	0327	AVINAASH KUMARESAN	KAWAN ATHLETICS	59.62	
16	0417	NEALFAIZ ADAM MOHAMAD NAZRUL NA	BEECITY SQUAD	61.09	
17	0437	ALIFF ASYRAF BIN AZIZUL	TCH ATHLETICS CLUB	61.43	
18	0117	MUHAMMAD SYAMIL MD AKHIR	SMK SYED MOHAMED ALBUKHARY	61.58	
19	0257	JUN SYUEN LEEN	CLB TRACK AND FIELD	61.72	
20	0118	ARIFF HAIKAL ABDULLAH	SMK SYED MOHAMED ALBUKHARY	61.73	
21	0106	MUHAMMAD HAFIY ZHARFAN MOHD HAZ	SMKDHAB	63.35	
22	0147	AIDIL RIDZQI MUHAMAD ADAM	SMK SYED MOHAMED ALBUKHARY	63.52	
23	0052	M.ADAM WAFI MUHAMMAD NIZAM	PENGKALAN JAYA SPORTS SCHOOL	63.61	
24	0146	ALIF FIRDAUS AMI RIZUAN	SMK SYED MOHAMED ALBUKHARY	64.65	
25	0569	AMIRUL ADAM ASRI BIN MUHAMMAD A	CAK SPORT ACADEMY	64.78	
26	0148	DARWISY AQIF YAHAYA	SMK SYED MOHAMED ALBUKHARY	64.97	
27	0743	CHOONG ZHEN YU	TEAM SENTOSA	65.29	
28	0738	MUHAMMAD AISAR MOHD TAMIZI	BAKAI ELITE	65.47	
29	0784	PUTRA RISKY	SIN MIN PRIVATE	65.56	
30	0436	AMMAR RA'IF BIN AZRUL	TCH ATHLETICS CLUB	66.07	
31	0133	SYED IRFAN WAJDI	TEAM COACH FAROUK	66.20	
32	0182	JOESON CHONG JUNCONG	TEAM SENTOSA	66.33	
33	0134	MUHAMAD THAQIF IRFAN JAZLAN	TEAM COACH FAROUK	66.40	
34	0863	MUHAMMAD ADLI LUFTI ABDUL RAHMA	HV PENANG	69.60	
35	0342	MUHAMMAD RAYYAN PUTRA	KELAB SUKAN ARUS	70.16	
36	0783	GOH JIA WEI	SIN MIN PRIVATE	70.44	
37	0782	ZHONG ZAC	SIN MIN PRIVATE	70.68	
38	0770	DHANUSH RAJ THURAIRAJU	YOUNG LION ATHLETICS CLUB	71.34	
39	0222	HENRY TEOH YU HEN	TEAM COACH FAROUK	71.55	
40	0754	MUHAMMAD AQIL MUKMIN ABU HURAIR	SEKEBUN	77.34	
41	0879	ZULYADHI THAQIF MOHD HAYUMI	TCH ATHLETICS CLUB	80.44	

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Result by Heat**Heat 1 of 6**

Rank	Bib	Name	Team	Time	React
1	0861	AISH MUHAIMIN BABA AL ZAMZURI	HV PENANG	54.48	
2	0184	CHUA BOON HIN	TEAM SENTOSA	54.85	
3	0862	MUHAMMAD NIZAR HAMZI MOHAMAD NO	HV PENANG	55.25	
4	0568	MIZAN MUHAIMIN BIN MOHD AZALAN	CAK SPORT ACADEMY	55.87	
5	0106	MUHAMMAD HAFIY ZHARFAN MOHD HAZ	SMKDHAB	63.35	
6	0052	M.ADAM WAFI MUHAMMAD NIZAM	PENKALAN JAYA SPORTS SCHOOL	63.61	
7	0222	HENRY TEOH YU HEN	TEAM COACH FAROUK	71.55	

Heat 2 of 6

Rank	Bib	Name	Team	Time	React
1	0599	MUHAMMAD FIRDAUS HARUN	MI ATHLETICS	53.62	
2	0829	HAZIQ IKHWAN BIN ADNAN	TEAM KMY	54.63	
3	0183	LIM JENG HEE	TEAM SENTOSA	56.06	
4	0567	ZAID IQRAM BIN ZAINUDDIN	CAK SPORT ACADEMY	59.42	
5	0257	JUN SYUEN LEEN	CLB TRACK AND FIELD	61.72	
6	0134	MUHAMAD THAQIF IRFAN JAZLAN	TEAM COACH FAROUK	66.40	
7	0863	MUHAMMAD ADLI LUFTI ABDUL RAHMA	HV PENANG	69.60	

Heat 3 of 6

Rank	Bib	Name	Team	Time	React
1	0302	AHMAD AFIF ROMZI	RBBAC	57.63	
2	0737	AHMAD YASIN HASANI SHUKRI	BAKAI ELITE	58.25	
3	0569	AMIRUL ADAM ASRI BIN MUHAMMAD A	CAK SPORT ACADEMY	64.78	
4	0784	PUTRA RISKY	SIN MIN PRIVATE	65.56	
5	0133	SYED IRFAN WAJDI	TEAM COACH FAROUK	66.20	
6	0182	JOESON CHONG JUNCONG	TEAM SENTOSA	66.33	
7	0879	ZULYADHI THAQIF MOHD HAYUMI	TCH ATHLETICS CLUB	80.44	

Heat 4 of 6

Rank	Bib	Name	Team	Time	React
1	0149	VENKET PRABU A/L KALITHASAN	TEAM COACH FAROUK	52.53	
2	0894	ADAM ZAFIRUL ANUAR	TAR MLD PERLIS	56.01	
3	0327	AVINAASH KUMARESAN	KAWAN ATHLETICS	59.62	
4	0437	ALIFF ASYRAF BIN AZIZUL	TCH ATHLETICS CLUB	61.43	
5	0117	MUHAMMAD SYAMIL MD AKHIR	SMK SYED MOHAMED ALBUKHARY	61.58	
6	0738	MUHAMMAD AISAR MOHD TAMIZI	BAKAI ELITE	65.47	
7	0783	GOH JIA WEI	SIN MIN PRIVATE	70.44	

Heat 5 of 6

Rank	Bib	Name	Team	Time	React
1	0317	SEAN HUE SHER HENG	KAWAN ATHLETICS	55.98	
2	0895	HADIRIN OSMAN	TAR MLD PERLIS	59.13	

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Record	Result	Name	Team	Value	Date
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Q = Qualified by place , q = Qualified by time**G = Gold , S = Silver , B = Bronze**

Rank	Bib	Name	Team	Time	React
3	0118	ARIFF HAIKAL ABDULLAH	SMK SYED MOHAMED ALBUKHARY	61.73	
4	0148	DARWISY AQIF YAHAYA	SMK SYED MOHAMED ALBUKHARY	64.97	
5	0743	CHOONG ZHEN YU	TEAM SENTOSA	65.29	
6	0436	AMMAR RA'IF BIN AZRUL	TCH ATHLETICS CLUB	66.07	
7	0782	ZHONG ZAC	SIN MIN PRIVATE	70.68	

Heat 6 of 6

Rank	Bib	Name	Team	Time	React
1	0417	NEALFAIZ ADAM MOHAMAD NAZRUL NA	BEECITY SQUAD	61.09	
2	0147	AIDIL RIDZQI MUHAMAD ADAM	SMK SYED MOHAMED ALBUKHARY	63.52	
3	0146	ALIF FIRDAUS AMI RIZUAN	SMK SYED MOHAMED ALBUKHARY	64.65	
4	0342	MUHAMMAD RAYYAN PUTRA	KELAB SUKAN ARUS	70.16	
5	0770	DHANUSH RAJ THURAIRAJU	YOUNG LION ATHLETICS CLUB	71.34	
6	0754	MUHAMMAD AQIL MUKMIN ABU HURAIR	SEKEBUN	77.34	