

RESULT

406 - 3000m Lari Berhalangan Lelaki - Final

Records	Result	Name	Team	Date	vanue
GAME RECORD GR	9:44.61	KARTHIK A/L JAYARAMAN	UPM	2012	

Final				Start Time:		
Pos	Bib	Athlete	Team	Result	React	Remark
1	103	DAREN JAMES NAIR A/L RODNEY JAMES	HELP	9:43.77		
2	126	SYHIR NAWAS KHAN BIN ZARAISH KHAN	KKMAS	10:02.54		
3	280	MUHAMMAD SHAHRIL AIMAN MOHD NOOR	USIM	10:05.66		
4	188	MOGESHKUMAR A/L RAGUNATHAN	UM	10:11.87		
5	229	MUHAMMAD AIMAN BIN MOHD ZAIDI	UPSI	10:16.43		
6	260	MATHAN RAJ A/L GUNASEGARAN	UPM	10:26.97		
7	250	SYED ALI ZAINAL ABIDIN BIN SYED TAHA	UPNM	10:45.34		
8	295	KU AMIRULDIN BIN KU OTHMAN	UTM	11:00.26		
9	218	ANGU UMI	UMT	11:40.20		
10	268	MUHAMMAD FARIS FAUHARI SALAN	UPM	11:54.63		
11	184	AHMAD EZAM BIN AHMAD YANI	UM	12:27.24		
-	210	CHIENG CHIN SOON	UNIMAS	DNF		
-	222	AHMAD IZZAT IRFAN BIN SHARUL AZNAN	UPSI	DNF		
-	307	ZAIYUSRI BIN ZAINON	UITM	DNF		

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