

RESULT

324 - 3000M L/BERHALANGAN LELAKI - Final

Records	Result	Name	Team	Date	vanue
Championship Record GR	09:43.2	DAREN JAMES NAIR A/L RODNEY JAM	HELP	2025	
National Record NR	08:59.1	NAINASAGORAM SHANMUGANATHAN		1998	

Heat 1		Start Time: 04:33 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	101	DAREN JAMES NAIR A/L RODNEY JAMES	HELP	9:44.54		
2	174	MUHAMMAD FAHRIN AIMAN BIN YUSMIZAN	UCTATI	9:48.27		
3	111	SYHIR NAWAS KHAN BIN ZARAISH KHAN	KKMAS	10:02.51		
4	209	MOGESHKUMAR A/L RAGUNATHAN	UM	10:10.51		
5	264	MATHAN RAJ A/L GUNASAGARAN	UPM	11:01.19		
6	319	MUHAMMAD WAFIY BIN SOBRI	USM	13:26.77		
-	248	TIRESH A/L RAJAMOGAN	UNITEN	DNF		
-	243	DANISH HAIKAL BIN ZULKHANINE	UNISZA	DNF		
-	113	MUHAMMAD NAUFAL RAZIN BIN ROSLILAN	KKMAS	DNF		

Approved by TD:

 Technical Delegate (Signature & Name)
 Date: _____

Approved by TD:

 Technical Delegate (Signature & Name)
 Date: _____