

RESULT

324 - 3000m Lari Berhalangan Lelaki - Final

Records	Result	Name	Team	Date	vanue
Championship Record GR	9:43.20	DAREN JAMES NAIR A/L RODNEY JAM	HELP	2025	
National Record NR	08:59.1	NAINASAGORAM SHANMUGANATHAN		1998	

Heat 1		Start Time: 04:56 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	184	MUHAMMAD FAHRIN AIMAAN BIN YUSMIZAN	UCTATI	10:03.59		
2	297	MUHAMMAD AIMAAN BIN MOHD ZAIDI	UPSI	10:11.29		
3	409	JOSHUA LOH YIXUN	USM	10:25.48		
4	145	SHARVISHAKUMAREN A/L MUNIANDY	MSU	10:32.72		
5	392	MATHAN RAJ A/L GUNASAGARAN	UPM	10:36.81		
6	198	HAFY ZIKRY BIN MAZARUL ARIF	UIAM	11:01.37		
7	357	AMIRUDIN AKMAL BIN MUHAMAD NORFADZLIM	UTM	11:03.91		
8	274	MUHAMMAD SHAHRIL AIMAAN BIN MOHD NOOR	UNISZA	11:12.73		
9	323	RAVINDHRA KUMAR A/L BALAMURALI	UTEM	11:42.16		
10	362	SAYYED AMMAR BIN ADAM MALEK	UUM	11:52.44		
11	199	AFIQ FAHMY BIN AZHAR	UIAM	11:57.40		
12	232	LUQMAN DANIEL BIN MOHD KAMMAL	UM	11:57.41		
13	407	MUHAMAD SYAKIR BIN RAMLY	USM	12:44.18		
14	347	MUHAMMAD AMIR HARITH BIN AZMIR	UTHM	13:24.11		
15	418	MUHAMMAD AMMAR BIN IBRAHIM	USM	13:44.23		
16	116	JOENICHERO ANYA ANAK JUSTIN	KKMAS	15:48.72		
17	417	ABDUL AZIZ BIN ABDUL HAMID	USM	16:08.02		
-	175	Vellan A/L Siva Perumal	TARUMT	DNF		
-	416	MUHAMMAD SYAHMI ZUFAYRI BIN MOHAMAD ZAIDI	USM	DNF		
-	105	DAREN JAMES NAIR	HELP	DNS		



RESULT

Approved by TD:

Technical Delegate (Signature & Name)
Date: _____

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