

RESULT

322 - 400m LARI BERPAGAR L(TERBUKA) - Final

Records	Result	Name	Team	Date	venue
Championship Record	CR 52.90	MUHD FAKRUL AFIZUL NASIR	SSN KELANTAN 2023		STADIUM NASIONAL BUKIT JALIL
National Record	NR			0000	

Heat 1

Start Time: 03:12 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1404	MUHAMMAD NURMANSYAH NURDIN	SABAH AA	56.70	0.231	
2	0037	SYHRIL BIN ZAINAL	NJAC	58.38	0.203	
3	1058	MUHAMMAD HAMZI AZMI	SSN SELANGOR	59.22	0.277	
4	0882	MUHAMMAD FIRDAUS ABDULLAH	HULA ATHLETICS	62.39	0.220	
5	1393	Ahmad Afif Zulkipli Ahad	RS ATHLETICS CL	62.54	0.185	
6	0719	Lim Jet	KAWAN	66.62	0.191	
7	1110	TERRENCE SOH YONG JIE	ONO KL	68.71	0.252	

Heat 2

Start Time: 03:19 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1377	EMMANUEL MUPHY JOSBERT	WIPERS	55.14	0.239	
2	0778	MOHAMAD FIQRY BIN MOHD HAIRIL	SUKMA JOHOR	55.30	0.199	
3	0720	LEE HAN	KAWAN	59.33	0.227	
4	1405	JARREL SHAMRY	SABAH AA	59.64	0.201	
5	0137	RIZQ DANY MOHAMAD RADZI	ROCK ATHLETICS	64.23	0.207	
6	0974	HOU MUN LEONG	HAPPY KIDS SC	70.43	0.287	
-	1273	SHAZRIL ASHRAF SHAMSURBAHRY	BCT	DNS		

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Heat 3

Start Time: 03:26 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	0178	TEUKU TEGAR ABADI	BAC INDONESIA	54.16	0.248	
2	1324	KHAIRAN NASRI KAMARUDDIN	SSNPP	58.54	0.165	
3	0160	M NURFAIL FAKHRI SHARUN NIZAM	SSM TERENGGANU	58.95	0.204	
4	0608	'AISY WAFEEQ	BCT	62.18	0.193	
5	0251	FARISH NAZMI ISHAK	MSN PERAK	62.24	0.215	
6	0884	CARL DARRIEN FERID	HULA ATHLETICS	62.44	0.246	
7	0721	Moy Shi Wei	KAWAN	64.63	0.261	
8	1152	KAI YANG LAWRENCE YOU	DELTA ATHLETICS	69.14	0.217	

Approved by TD:

 Technical Delegate (Signature & Name)

Date: _____

RESULT

400m LARI BERPAGAR L(TERBUKA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	3	0178	TEUKU TEGAR ABADI	BAC INDONESIA	54.16	
2	2	1377	EMMANUEL MUPHY JOSBERT	WIPERS	55.14	
3	2	0778	MOHAMAD FIQRY BIN MOHD HAIRIL	SUKMA JOHOR	55.30	
4	1	1404	MUHAMMAD NURMANSYAH NURDIN	SABAH AA	56.70	
5	1	0037	SYAHRIL BIN ZAINAL	NJAC	58.38	
6	3	1324	KHAIRAN NASRI KAMARUDDIN	SSNPP	58.54	
7	3	0160	M NURFAIL FAKHRI SHARUN NIZAM	SSM TERENGGANU	58.95	
8	1	1058	MUHAMMAD HAMZI AZMI	SSN SELANGOR	59.22	
9	2	0720	LEE HAN	KAWAN	59.33	
10	2	1405	JARREL SHAMRY	SABAH AA	59.64	
11	3	0608	'AISY WAFEEQ	BCT	62.18	
12	3	0251	FARISH NAZMI ISHAK	MSN PERAK	62.24	
13	1	0882	MUHAMMAD FIRDAUS ABDULLAH	HULA ATHLETICS	62.39	
14	3	0884	CARL DARRIEN FERID	HULA ATHLETICS	62.44	
15	1	1393	Ahmad Afif Zulkipli Ahad	RS ATHLETICS CL	62.54	
16	2	0137	RIZQ DANY MOHAMAD RADZI	ROCK ATHLETICS	64.23	
17	3	0721	Moy Shi Wei	KAWAN	64.63	
18	1	0719	Lim Jet	KAWAN	66.62	
19	1	1110	TERRENCE SOH YONG JIE	ONO KL	68.71	
20	3	1152	KAI YANG LAWRENCE YOU	DELTA ATHLETICS	69.14	
21	2	0974	HOU MUN LEONG	HAPPY KIDS SC	70.43	
-	2	1273	SHAZRIL ASHRAF SHAMSURBAHRY	BCT	DNS	

RESULT

Approved by TD:

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