

RESULT

317 - 3000m Lari Berhalangan Lelaki - Final

Records	Result	Name	Team	Date	vanue
Championship Record CR	9:45.06	Daren James Nair A/L Rodney James	Newton	0000	
National Record NR	8:59.10	Nainasagoram Shanmuganathan		1998	

Heat 1		Start Time: 08:19 am				
Pos	Bib	Athlete	Team	Result	React	Remark
1	105	ZAIYUSRI BIN ZAINON	UITM	10:24.75		
2	242	MOGESHKUMAR A/L RAGUNATHAN	UM	10:35.54		
3	162	KU AMIRULDIN BIN KU OTHMAN	UTM	11:04.34		
4	190	MUHAMMAD IZZAT MIRZA BIN MOHD YUSOF	UTHM	11:28.92		
5	307	ANGU UMI	UMT	12:04.56		
6	352	PUVINTEN A/L MANOHARAN	POLI MAS	12:15.95		
7	168	CHEN WEI MENG	TAR UMT	12:51.07		
8	143	MUHAMMAD HARITH BIN HAMZAH	UIAM	12:54.45		
-	191	LUQMAN BIN NOOR AZAM	UTHM	DNF		
-	344	MUHAMMAD SHAHRIL AIMAN B. MOHD NOOR	USIM	DNF		
-	288	MUHAMMAD FARIS FAUHARI SALMAN	UPM	DNF		
-	351	NUR AIERIL HAIMI BIN HUSSIEN	POLI MAS	DNF		

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Summary

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