

RESULT

316 - 3000m Lari Berhalangan Lelaki - Final

Records	Result	Name	Team	Date	vanue
Championship Record GR	09:43.2	DAREN JAMES NAIR A/L RODNEY JAM	HELP	2025	
National Record NR	08:59.1	NAINASAGORAM SHANMUGANATHAN		1998	

Heat 1			Start Time: 03:16 pm			
Pos	Bib	Athlete	Team	Result	React	Remark
1	162	MUHAMMAD FAHRIN AIMAN BIN YUSMIZAN	UCTATI	10:11.39		
2	113	SYHIR NAWAS KHAN BIN ZARAISH KHAN	KKMAS	10:42.23		
3	242	DANISH HAIKAL BIN ZULKHANINE	UNISZA	10:46.12		
4	177	HAFY ZIKRY BIN MAZARUL ARIF	UIAM	10:52.23		
5	301	MUHAMMAD SHAHRIL AIMAN BIN MOHD NOOR	USIM	10:52.77		
6	114	MUHAMMAD NAUFAL RAZIN BIN ROSLILAN	KKMAS	11:33.34		
7	312	MUHAMMAD SYAKIR BIN RAMLY	USM	11:53.63		
8	355	SAYYED AMMAR BIN ADAM MALEK	UUM	11:53.79		
9	326	LUQMAN BIN NOOR AZAM	UTHM	12:39.51		
10	107	ENRIQUE MICHAEL CHABU ANAK JOSENIE	GMI	15:55.01		
-	184	MUHAMMAD HARITH BIN HAMZAH	UIAM	DNF		
-	303	Hariz Khilfi Bin Ahmad Ezanee	USIM	DNF		
-	311	MUHAMMAD WAFIY BIN SOBRI	USM	DNS		
-	336	MUHAMAD DANIAL ZUL HILMI BIN ABDUL JALIL	UTHM	DNS		

Approved by TD:

 Technical Delegate (Signature & Name)
 Date: _____

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