Results

Report generated 11 Nov 2026 14:02:53 MYT

Record Sukma	**3:49.45**	QUARTERT TERENGGANU	Terengganu	2014
Record SAGA	**4:02.71**	QUARTERT TAWAU	Tawau	2013

Heat 1 Start Time: 16:16

Rk	Bib	Team	Team	Lane	R.Time	Result	Note
1	LDU	**LAHAD DATU**	LDU	5		**4:33.60**	Q
2	KGU	**KENINGAU**	KGU	6		**4:48.68**	Q
3	PTS	**PITAS**	PTS	3		**5:03.72**	
4	TPD	**TELUPID**	TPD	4		**5:27.59**	
	KMU	**KOTA MARUDU**	KMU	8		**DQ**	
	KDT	**KUDAT**	KDT	7		**DNS**	

Heat 2 Start Time: 16:26

Rk	Bib	Team	Team	Lane	R.Time	Result	Note
1	SDK	**SANDAKAN**	SDK	2		**4:29.53**	Q
2	TRN	**TUARAN**	TRN	8		**4:33.04**	Q
3	TWU	**TAWAU**	TWU	7		**4:41.15**	q
4	KBN	**KALABAKAN**	KBN	4		**4:42.36**	q
5	PPG	**PENAMPANG**	PPG	3		**4:51.46**	
	KBD	**KOTA BELUD**	KBD	6		**DNS**	
	SOK	**SOOK**	SOK	5		**DNS**	

Heat 3 Start Time: 16:35

Rk	Bib	Team	Team	Lane	R.Time	Result	Note
1	RNU	**RANAU**	RNU	2		**4:27.10**	Q
2	KNK	**KUNAK**	KNK	4		**4:39.82**	Q
3	KKU	**KOTA KINABALU**	KKU	3		**4:44.78**	

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

Rk	Bib	Team	Team	Lane	R.Time	Result	Note
4	TGD	**TONGOD**	TGD	5		**5:09.87**	
5	PPR	**PAPAR**	PPR	6		**5:15.66**	
	BRN	**BELURAN**	BRN	8		**DNS**	
	KBG	**KINABATANGAN**	KBG	7		**DNS**	

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

4x400m Wanita - Semi Final

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	3	RNU	RANAU	RNU	4:27.10	Q
2	2	SDK	SANDAKAN	SDK	4:29.53	Q
3	2	TRN	TUARAN	TRN	4:33.04	Q
4	1	LDU	LAHAD DATU	LDU	4:33.60	Q
5	3	KNK	KUNAK	KNK	4:39.82	Q
6	2	TWU	TAWAU	TWU	4:41.15	q
7	2	KBN	KALABAKAN	KBN	4:42.36	q
8	3	KKU	KOTA KINABALU	KKU	4:44.78	
9	1	KGU	KENINGAU	KGU	4:48.68	Q
10	2	PPG	PENAMPANG	PPG	4:51.46	
11	1	PTS	PITAS	PTS	5:03.72	
12	3	TGD	TONGOD	TGD	5:09.87	
13	3	PPR	PAPAR	PPR	5:15.66	
14	1	TPD	TELUPID	TPD	5:27.59	
-	1	KMU	KOTA MARUDU	KMU	DQ	
-	2	SOK	SOOK	SOK	DNS	
-	3	BRN	BELURAN	BRN	DNS	
-	3	KBG	KINABATANGAN	KBG	DNS	
-	2	KBD	KOTA BELUD	KBD	DNS	
-	1	KDT	KUDAT	KDT	DNS	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

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