

# RESULT

## 311 - 400m Lelaki - Final

Records	Result	Name	Team	Date	venue
National Record <b>NR</b>	46.41	MOHD ZAIFUL ZAINAL ABIDIN	MALAYSIA	2001	BRUNEI
GAME RECORD <b>GR</b>	47.02	MUHAMMAD ILHAM SUHAIMI	SELANGOR	2018	PERAK

Heat 1

Start Time: 03:52 pm

Pos	Bib	Athlete	Team	Result	React	Remark
-----	-----	---------	------	--------	-------	--------

**Approved by TD:**

\_\_\_\_\_  
Technical Delegate (Signature & Name)

Date: \_\_\_\_\_

**Approved by TD:**

\_\_\_\_\_  
Technical Delegate (Signature & Name)

Date: \_\_\_\_\_