

# RESULT

## 307 - 400m Lelaki - Heats

Records	Result	Name	Team	Date	vanue
National Record <b>NR</b>	46.41	MOHD ZAIFUL ZAINAL ABIDIN	MALAYSIA	2001	BRUNEI
GAME RECORD <b>GR</b>	47.02	MUHAMMAD ILHAM SUHAIMI	SELANGOR	2018	PERAK

### Heat 1

Start Time: 10:30 am

Pos	Bib	Athlete	Team	Result	React	Remark
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### Heat 2

Start Time: 10:36 am

Pos	Bib	Athlete	Team	Result	React	Remark
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### Heat 3

Start Time: 10:42 am

Pos	Bib	Athlete	Team	Result	React	Remark
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### Approved by TD:

\_\_\_\_\_  
 Technical Delegate (Signature & Name)  
 Date: \_\_\_\_\_

# RESULT

## 400m Lelaki

### Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	3	J113		JHR	48.52	Q
2	1	A231		PRK	48.59	Q
3	2	A237		PRK	48.66	Q
4	3	S300		SBH	48.84	Q
5	3	Q339		SWK	49.10	q
6	1	J105		JHR	49.42	Q
7	2	S297		SBH	49.51	Q
8	1	M153		MLK	49.62	q
9	1	Q312		SWK	49.87	
10	3	T380		TRG	49.98	
11	2	M156		MLK	50.16	
12	1	B353		SGR	50.87	
13	2	C215		PHG	50.91	
14	2	K128		KDH	51.14	
15	3	D147		KEL	51.26	
16	3	K129		KDH	51.34	
17	2	T376		TRG	51.83	
18	1	N171		NSE	52.88	

**Approved by TD:**

\_\_\_\_\_  
 Technical Delegate (Signature & Name)

Date: \_\_\_\_\_