Results

Report generated 12 Nov 2026 10:54:04 MYT

National Record	**46.41**	MOHD ZAIFUL ZAINAL ABIDIN	MALAYSIA	BRUNEI	2001
GAME RECORD	**47.02**	MUHAMMAD ILHAM SUHAIMI	SELANGOR	PERAK	2018

Heat 1 Start Time: 10:30

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	A231	**AHMAD AMIR AIMAN BIN MOHD KAMAR**	PRK	8	0.273	**48.59**	Q
2	J105	**MOHAMAD AKMAL HAZIQ BIN MOHD ZA**	JHR	7	0.273	**49.42**	Q
3	M153	**HAIKAL BIN MOHD ISMAIL**	MLK	6	0.322	**49.62**	q
4	Q312	**AKMAL AQQILLA BIN SELAMAT**	SWK	5	0.332	**49.87**	
5	B353	**AHMAD SUFI BIN MOHD FAIESAL**	SGR	3	0.311	**50.87**	
6	N171	**AHMAD ZAID BIN ABAS**	NSE	4	0.308	**52.88**	

Heat 2 Start Time: 10:36

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	A237	**KANISHKANN A/L NATHAN**	PRK	8	0.307	**48.66**	Q
2	S297	**MUHAMMAD FAHAMI BIN SAMSUDIN**	SBH	7	0.250	**49.51**	Q
3	M156	**MUHAMMAD AIDIL AZHAR BIN AZRUL**	MLK	4	0.242	**50.16**	
4	C215	**MUHAMMAD ARIEF SYAHREZA BIN MOH**	PHG	5	0.253	**50.91**	
5	K128	**MUHAMMAD DZUL DANISH BIN JAMARI**	KDH	3	0.266	**51.14**	
6	T376	**MUHAMMAD AZIF IKHFAN BIN OMAR**	TRG	6	0.294	**51.83**	

Heat 3 Start Time: 10:42

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	J113	**UMAR BIN OSMAN**	JHR	4	0.301	**48.52**	Q
2	S300	**MUHAMMAD KHALIL BIN HELMI**	SBH	6	0.296	**48.84**	Q
3	Q339	**RUSSEL BRYAN ANAK CHRISTIE**	SWK	8	0.261	**49.10**	q
4	T380	**MUHAMMAD IRFAN BIN ZAKARIA**	TRG	5	0.318	**49.98**	
5	D147	**MUHAMMAD FAKRUL AFIZUL BIN NASI**	KEL	3	0.232	**51.26**	
6	K129	**MUHAMMAD FIRDAUS BIN ZAINUN**	KDH	7	0.274	**51.34**	

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

400m Lelaki - Heats

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	3	J113		JHR	48.52	Q
2	1	A231		PRK	48.59	Q
3	2	A237		PRK	48.66	Q
4	3	S300		SBH	48.84	Q
5	3	Q339		SWK	49.10	q
6	1	J105		JHR	49.42	Q
7	2	S297		SBH	49.51	Q
8	1	M153		MLK	49.62	q
9	1	Q312		SWK	49.87	
10	3	T380		TRG	49.98	
11	2	M156		MLK	50.16	
12	1	B353		SGR	50.87	
13	2	C215		PHG	50.91	
14	2	K128		KDH	51.14	
15	3	D147		KEL	51.26	
16	3	K129		KDH	51.34	
17	2	T376		TRG	51.83	
18	1	N171		NSE	52.88	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

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