

RESULT

304 - 400m Wanita - Heats

Records	Result	Name	Team	Date	venue
Championship Record CR	55.75	Chelsea Cassiofea Aveci Bopulas UMS		0000	
National Record NR	51.80	Shereen Samson Vallabuoy		2023	Mt. SAC Relays, Walnut, United States

Heat 1

Start Time: 05:36 am

Pos	Bib	Athlete	Team	Result	React	Remark
1	592	CHELSEA CASSIOPEA EVALI BOPULAS	UMS	59.43		Q
2	530	CHONG NING EN LUYANNE	TAR UMT	68.61		Q
3	515	NUR FAZILAH BINTI AZEMI	UNIMAS	72.56		
4	521	AMYLIA NATASHA BINTI SAIRU	UIAM	73.96		
5	564	NUR IRSALINA BINTI ZAKARIA	UM	77.78		
6	531	NURUL ATHILAH IWANA BINTI MOHD HISAM	UTHM	79.74		
7	560	MICHELLE BAWENG ILI	MSU	81.96		
8	528	FATIN NURHUSNA BINTI SAIFUL ADLI	UNIMAP	82.49		

Heat 2

Start Time: 05:36 am

Pos	Bib	Athlete	Team	Result	React	Remark
1	598	FREYNILA SHERLY LUCIUS	UMS	62.18		Q
2	510	SHAHMALARANI A/P CHANDRAN	SUNWAY	68.51		Q
3	603	TEOH YU-EN	HELP	68.67		q
4	548	NURUL FATIMAH AMARA BINTI ABDULLAH	UPSI	68.86		
5	623	BIDASARI MURNI BINTI ZAINUDIN	UNISZA	77.71		
6	570	ANIS NAZIHA BINTI NASRON	UM	82.07		
7	533	CECILIA TAN WEN LI	UTHM	83.94		
8	563	FARISAH INSYIRAH BINTI ZUL HELMI	UM	87.24		

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Heat 3			Start Time: 05:36 am			
Pos	Bib	Athlete	Team	Result	React	Remark
1	511	TAY SHUEN MIN	SUNWAY	63.20		Q
2	513	EVELYNE TAN XIE YIE	UNIMAS	64.89		Q
3	581	NG YU JIE	UPM	65.20		q
4	540	SITI ROKIAH BINTI HASHIM	UPSI	69.59		
5	518	BALQIS FARISYA BINTI SHAUFIK RIZANI	UIAM	72.01		
6	606	SITI SUWAIBAH BINTI ABDULMANAF	UKM	75.67		
7	602	ONG JAS MIN	HELP	78.26		
8	573	NUR IMAN BATRISYIA BT AZWAN	UM	86.73		

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400m Wanita

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	2	570	ANIS NAZIHA BINTI NASRON	UM	82.07	
2	3	606	SITI SUWAIBAH BINTI ABDULMANAF	UKM	75.67	
3	3	602	ONG JAS MIN	HELP	78.26	
4	3	581	NG YU JIE	UPM	65.20	q
5	3	573	NUR IMAN BATRISYIA BT AZWAN	UM	86.73	
6	3	540	SITI ROKIAH BINTI HASHIM	UPSI	69.59	
7	3	518	BALQIS FARISYA BINTI SHAUFIK RIZANI	UIAM	72.01	
8	3	513	EVELYNE TAN XIE YIE	UNIMAS	64.89	Q
9	3	511	TAY SHUEN MIN	SUNWAY	63.20	Q
10	2	623	BIDASARI MURNI BINTI ZAINUDIN	UNISZA	77.71	
11	2	603	TEOH YU-EN	HELP	68.67	q
12	2	598	FREYNILA SHERLY LUCIUS	UMS	62.18	Q
13	1	515	NUR FAZILAH BINTI AZEMI	UNIMAS	72.56	
14	2	563	FARISAH INSYIRAH BINTI ZUL HELMI	UM	87.24	
15	2	548	NURUL FATIMAH AMARA BINTI ABDULLAH	UPSI	68.86	
16	2	533	CECILIA TAN WEN LI	UTHM	83.94	
17	2	510	SHAHMALARANI A/P CHANDRAN	SUNWAY	68.51	Q
18	1	592	CHELSEA CASSIOPEA EVALI BOPULAS	UMS	59.43	Q
19	1	564	NUR IRSALINA BINTI ZAKARIA	UM	77.78	
20	1	560	MICHELLE BAWENG ILI	MSU	81.96	
21	1	531	NURUL ATHILAH IWANA BINTI MOHD HISAM	UTHM	79.74	
22	1	530	CHONG NING EN LUYANNE	TAR UMT	68.61	Q
23	1	528	FATIN NURHUSNA BINTI SAIFUL ADLI	UNIMAP	82.49	
24	1	521	AMYLIA NATASHA BINTI SAIRU	UIAM	73.96	



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