

# RESULT

## 301 - 10,000M WANITA - Final

| Records                   | Result   | Name         | Team     | Date | vanue                       |
|---------------------------|----------|--------------|----------|------|-----------------------------|
| National Record <b>NR</b> | 52:04.30 | LAI JIN SZE  | SARAWAK  | 2004 | NEGERI SEMBILAN             |
| GAME RECORD <b>GR</b>     | 45:22.05 | YUAN YU FANG | MALAYSIA | 1999 | BANDAR SERI BEGAWAN, BRUNEI |

Heat 1

Start Time: 07:01 am

| Pos | Bib | Athlete | Team | Result | React | Remark |
|-----|-----|---------|------|--------|-------|--------|
|-----|-----|---------|------|--------|-------|--------|

**Approved by TD:**

\_\_\_\_\_  
Technical Delegate (Signature & Name)

Date: \_\_\_\_\_

**Approved by TD:**

\_\_\_\_\_  
Technical Delegate (Signature & Name)

Date: \_\_\_\_\_