



RESULT

227 - 3000m Lari Berhalangan Lelaki - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 05:13 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	285	ZUFAR HAZIQ BIN MUHAMMAD KHAIRUL SYAWAL	PONS	10:07.86		
2	343	MOHAMAD IKBAL BIN MUHAMMAD RISYAD	PAHANG	10:11.75		
3	152	SHARVISHAKUMAREN	MSN SELANGOR	10:12.36		
4	54	MOHAMMAD SYAKIRDANIEL BIN AZIRA	KELANTAN	10:16.08		
5	416	MOHAMMAD AL SHARQIMAN BIN MOSLIM	SARAWAK	10:20.71		
6	541	TAN KEN MYNT	C ATHLETICS CLUB	10:25.24		
7	214	MUHAMMAD ASRI BIN ABDUL RAHMAN	SSBJ	10:33.62		
8	417	RYAN VICTOR BIGGER	SARAWAK	10:39.44		
9	34	EMRE RIZQ MIKA BIN HARRIS MULYADI	SINGAPORE SPORTS SCHOOL (SSP)	10:53.58		
10	527	AHMAD FAIZ BIN ABDUL RAHIM	SUKMA JOHOR	11:05.98		
11	260	MOHAMAD IQBAL BIN MOHD HASNI	M.A.G	11:26.51		
12	440	ALIFF NAZIRUL FAHMY BIN NASARUDDIN	IPTEK	12:53.24		
-	5	IVAN LOONG KAR MAN	W RUNNING TEAM	DNF		
-	277	MUHAMMAD FALIQ BIN ZULFADLI	PONS	DNF		
-	261	SHINNAIYA A/L KATHIRVER	M.A.G	DNS		
-	215	MOHAMMAD SYAKIR DANIEL BIN AZIRA	SSBJ	DNS		

Approved by TD:

Technical Delegate (Signature & Name)

Date: _____

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