

RESULT

219 - 400m Lelaki - Final

Records	Result	Name	Team	Date	vanue
Championship Record	CR 47.20	UMAR BIN OSMAN POLI		2025	VARSITY TRACK & FIELD CHAMPIONSHIP SIRI 3 2025
National Record	NR 46.09	UMAR BIN OSMAN		2023	

Heat 1

Start Time: 03:30 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	136	UMAR BIN OSMAN	POLI	47.20		
2	264	MUHAMMAD FIRDAUS BIN MOHAMAD ZEMI	UPM	48.82		
3	265	AHMAD AMIR AIMAN BIN MOHD KAMARUDDIN	UPM	49.46		
4	138	SAMUEL RAJ A/L DANIEL	POLI	49.75		
5	267	DANISH ZUHRI BIN DAZARI	UPM	49.88		
6	214	ABDUL WAFIY BIN ROSLAN	UM	49.93		
7	289	AMAR HUSSAIMEE BIN MAJALI	UPSI	49.96		
8	140	TARSHAN A/L RAMESHWARAN	POLI	52.97		

Approved by TD:

 Technical Delegate (Signature & Name)
 Date: _____

Approved by TD:

 Technical Delegate (Signature & Name)
 Date: _____