



RESULT

216 - 400m Men - Final

Records	Result	Name	Team	Date	vanue
National Record NR	46.09			0000	

Heat 1		Start Time: 11:41 am					
Pos	Bib	Athlete	Team	Result	React	Remark	

Approved by TD:
Technical Delegate (Signature & Name) Date:





RESULT

400m Men

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	307		MSN	46.27	
2	1	324		SABAH	47.60	
3	1	352		ATM	47.92	
4	1	269		TERENGGANU	48.47	
5	1	222		SARAWAK	48.49	
6	1	189		PERAK	48.86	
7	1	190		PERAK	49.23	
8	1	378		JOHOR	49.88	

Approved by TD:

Technical Delegate (Signature & Name)
Date: ____





RESULT