Results

Report generated 11 Nov 2026 06:58:58 MYT

Final Start Time: 07:30

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	379	**MUHAMMAD FAROOQ B. MUHAMMAD ZUBAIR KANAN**	KELAB OLAHRAGA GARUDA IPOH	7		**34:26.34**	
2	437	**VASHANTH A/L PUTHISIRAMANI**	MSN PAHANG	4		**34:59.64**	
3	480	**POVEN KUMAR A/L MUTHU**	SUKMA JOHOR	9		**35:32.14**	
4	171	**MOHAMMAD YUSUF BIN ALI**	SEKOLAH SUKAN MALAYSIA SABAH	6		**35:40.93**	
5	96	**sharvishakumaren a/l muniandy**	MSN SELANGOR	3		**35:47.08**	
6	436	**NOR ADAM HARIS BIN NORAZMAN**	MSN PAHANG	8		**36:30.13**	
7	484	**VISVA RAJ A/L PEARAM**	SUKMA JOHOR	5		**37:32.66**	
8	489	**HARITH DANIAL BIN NORSHAHIZAN**	SUKMA JOHOR	1		**38:05.02**	
9	69	**MUHAMMAD NURAMMAR BIN MOHAMMAD IKBAL**	COACH KENEY RUN CLINIQUE	2		**38:40.57**	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX