

RESULTS

201 - 10000m Lelaki - Final

Records	Result	Name	Team	Date	venue
Championship Record CR	34:23.97	DINESH VARMA A/L SELVAM	UPM	2024	STADIUM PERAK, IPOH
National Record NR	29:30.19	Ramachandran Murusamy		1994	

Final							Start Time:
Pos	Bib	Athlete	Team	Result	React	Remark	
1	277	DINESH VARMA A/L SELVAM	UPM	34:23.97			
2	222	RUVESHWARAN A/L BALACHANDRAN	UNIKL	34:42.79			
3	213	GOLIATHVALERONSILI	UPSI	35:35.38			
4	162	KU AMIRULDIN BIN KU OTHMAN	UTM	36:23.51			
5	195	KOO SHAO ENN	UTAR KAMPAR	37:39.00			
6	157	NIK MOHAMAD SALSAFIL BIN NIK NOR ADLAM	UTM	38:13.26			
7	190	MUHAMMAD IZZAT MIRZA BIN MOHD YUSOF	UTHM	38:23.38			
8	360	SYED MOHAMAD AHMAD BIN SYED UBAIDILLAH	UNISZA	38:37.12			
9	127	AUSTIN ZACHARY YAP	SUNWAY	40:04.66			
10	248	MARATHANDA KANTHAN A/L SUMMUGAM	UM	40:34.96			
11	223	MUHAMMAD HAKEEM BIN NORRHISHAM	UNIKL	58:15.73			
-	165	MEGAT AHMAD WILDAAN BIN MEGAT AMIRUL IZZAT	UTM	DNF			