

# RESULT

## 201 - 10000m Lelaki - Final

| Records                       | Result  | Name                         | Team | Date | vanue |
|-------------------------------|---------|------------------------------|------|------|-------|
| Championship Record <b>GR</b> | 33:29.0 | RUVESHWARAN A/L BALACHANDRAN | MMU  | 2025 |       |
| National Record <b>NR</b>     | 29:30.2 | RAMACHANDRAN MURUSAMY        |      | 1994 |       |

| Heat 1 |     |                                  | Start Time: 07:30 am |                 |       |        |
|--------|-----|----------------------------------|----------------------|-----------------|-------|--------|
| Pos    | Bib | Athlete                          | Team                 | Result          | React | Remark |
| 1      | 258 | HARRESH A/L RAMESH KUMAR         | UPM                  | <b>35:10.14</b> |       |        |
| 2      | 139 | SHREE RAM A/L RAMESH             | POLI                 | <b>35:43.78</b> |       |        |
| 3      | 298 | GOLIATH VALERON SILI             | UPSI                 | <b>35:53.77</b> |       |        |
| 4      | 120 | MUHAMMAD SYAFIQ BIN ANUAR        | KPTMB                | <b>36:14.76</b> |       |        |
| 5      | 316 | KOO SHAO ENN                     | UTAR                 | <b>36:45.19</b> |       |        |
| 6      | 158 | NEM JUN HONG                     | TARUMT               | <b>37:16.43</b> |       |        |
| 7      | 127 | MUHAMMAD DANIEL HAQIM BIN FADZLI | MSU                  | <b>39:44.37</b> |       |        |
| 8      | 356 | TAN ZHI JUN                      | UUM                  | <b>42:58.30</b> |       |        |
| 9      | 111 | AZRI ALQISH BIN WAHID            | GMI                  | <b>53:53.52</b> |       |        |
| -      | 344 | THANES A/L SIVAM                 | UTM                  | <b>DNF</b>      |       |        |
| -      | 311 | MUHAMMAD WAFIY BIN SOBRI         | USM                  | <b>DNS</b>      |       |        |

**Approved by TD:**

\_\_\_\_\_  
 Technical Delegate (Signature & Name)  
 Date: \_\_\_\_\_

**Approved by TD:**

\_\_\_\_\_  
 Technical Delegate (Signature & Name)  
 Date: \_\_\_\_\_