

RESULT

201 - 10000 M Lelaki - Final

Records	Result	Name	Team	Date	vanue
Championship Record GR	33:29.0	RUVESHWARAN A/L BALACHANDRAN	MMU	2025	
National Record NR	29:30.2	RAMACHANDRAN MURUSAMY		1994	

Heat 1		Start Time: 08:04 am				
Pos	Bib	Athlete	Team	Result	React	Remark
1	F-130	RUVESHWARAN A/L BALACHANDRAN	MMU	33:29.05		
2	B-104	GAUTHAM A/L VADIVELU	IUKL	35:06.81		
3	Z-282	HARRESH A/L RAMESH KUMAR	UPM	35:37.55		
4	CC323	KOO SHAO ENN	UTAR	36:22.71		
5	FF366	THANES A/L SIVAM	UTM	37:30.59		
6	H-148	SHREE RAM A/L RAMESH	POLI	37:56.05		
7	R-222	MARATHANDA KANTHAN A/L SUMMUGAM	UM	37:57.07		
8	D-124	MUHAMMAD SYAFIQ BIN ANUAR	KPTM	38:08.18		
9	J-155	AUSTIN ZACHARY YAP	SUNWAY	39:25.13		
10	L-172	YUE MUN HEW	TAYLORS	40:06.70		
11	U-245	JEREMIAH LAJAMAT IMPAU EKUS	UNIMAP	41:06.43		
12	FF365	NIK MOHAMAD SALSAFIL BIN NOK NOR ADLAM	UTM	43:21.32		
13	U-243	VASUDEVAN A/L MURGAN	UNIMAP	44:56.51		
14	EE340	BERNARD TAY KAR LEONG	UTHM	45:44.07		
-	K-166	NEM JUN HONG	TARUMT	DNF		
-	EE362	MUHAMAD DANIAL ZUL HILMI BIN ABDUL JALIL	UTHM	DNF		
-	B-105	SABINESSHVER A/L ARUL THEVER	IUKL	DNF		
-	FF369	FAM QAI ZEN	UTM	DNF		
-	S-230	HILMAN HAFIZ BIN HILNIZAN	UMPSA	DNS		

Approved by TD:

Technical Delegate (Signature & Name)
Date: _____



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