

RESULT

201 - 10000m Lelaki DIAMOND - Final

Records	Result	Name	Team	Date	venue
Championship Record CR	33:30.67	DAREN JAMES NAIR A/L RODNEY JAM HELP		2024	Stadium UNISZA Terengganu
National Record NR	29:30.19	Ramachandran Murusamy		1994	

Heat 1

Start Time: 07:39 am

Pos	Bib	Athlete	Team	Result	React	Remark
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Approved by TD:

Technical Delegate (Signature & Name)

Date: _____

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Technical Delegate (Signature & Name)

Date: _____