Results

Report generated 29 Nov 2026 11:23:11 MYT

National Record	**29:30.19**	Ramachandran Murusamy		1994
GAME RECORD	**33:33.66**	DAREN JAMES NAIR A/L RODNEY JAMES	HELP	2024

Final Start Time: 07:29

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	108	**DAREN JAMES NAIR A/L RODNEY JAMES**	HELP	16		**33:04.02**	GR
2	244	**WEE SHAO HENG**	UKM	9		**33:49.58**	
3	357	**MATHAN RAJ A/L GUNASAGARAN**	UPM	5		**33:59.80**	
4	225	**PANG KEAT TUNG**	SUNWAY	6		**34:17.99**	
5	179	**RUVESHWARAN A/L BALACHANDRAN**	MMU	23		**34:35.08**	
6	252	**GOH GAN WEI**	UM	25		**35:40.38**	
7	230	**YUE MUN HEW**	TAYLORS	7		**35:43.28**	
8	202	**SABINESSHVER A/L ARUL THEVER @ GANESAN**	KLUST	4		**35:53.84**	
9	433	**AMIRUDIN AKMAL BIN MUHAMAD NORFADZLIM**	UTM	19		**36:43.23**	
10	456	**Chong Kar Onn**	UTAR	10		**36:54.62**	
11	404	**MUHAMMAD NURAMMAR BIN MOHAMMAD IKBAL**	UITM	8		**37:00.95**	
12	156	**MUHAMMAD SYAFIQ BIN ANUAR**	KPTM	17		**37:03.86**	
13	432	**PUGGAL RAJ A/L N PIRAKAS**	UTHM	13		**37:36.41**	
14	377	**YUSRI BIN BAHARI**	UPM	12		**37:37.74**	
15	455	**CHONG JING HONG**	UTAR	21		**37:38.98**	
16	224	**OOI ZHI XIANG**	SUNWAY	15		**37:50.45**	
17	405	**MUHAMMAD ZAFRAN BIN MOHD AZIZOL**	UITM	11		**38:45.21**	
18	141	**ADAM HAFIS BIN SULAIMAN**	KKMAS	2		**39:00.68**	
19	253	**HENRY YAP JET KANG**	UM	22		**39:09.46**	
20	436	**FAM QAI ZEN**	UTM	24		**39:18.25**	
21	462	**TAN CHI XEE**	UTAR	14		**40:08.04**	
	264	**NIKOS TAI LEE ONN**	UM	1		**DNF**	
	102	**KHALID ABDELKARIM GAWISH LOUAI**	CITY	3		**DNS**	
	103	**MOHAMMED ELMUSTAFA AHMED RUDWAN AHMED**	CITY	20		**DNS**	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX