Results

Report generated 11 Nov 2026 14:28:10 MYT

Championship Record	-

Final 1 Start Time: 16:25

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	0861	**AISH MUHAIMIN BABA AL ZAMZURI**	HV PENANG	8		**54.48**	
2	0184	**CHUA BOON HIN**	TEAM SENTOSA	4		**54.85**	
3	0862	**MUHAMMAD NIZAR HAMZI MOHAMAD NO**	HV PENANG	2		**55.25**	
4	0568	**MIZAN MUHAIMIN BIN MOHD AZALAN**	CAK SPORT ACADEMY	6		**55.87**	
5	0106	**MUHAMMAD HAFIY ZHARFAN MOHD HAZ**	SMKDHAB	7		**63.35**	
6	0052	**M.ADAM WAFI MUHAMMAD NIZAM**	PENGKALAN JAYA SPORTS SCHOOL	3		**63.61**	
7	0222	**HENRY TEOH YU HEN**	TEAM COACH FAROUK	5		**71.55**	

Final 2 Start Time: 16:30

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	0599	**MUHAMMAD FIRDAUS HARUN**	MI ATHLETICS	7		**53.62**	
2	0829	**HAZIQ IKHWAN BIN ADNAN**	TEAM KMY	8		**54.63**	
3	0183	**LIM JENG HEE**	TEAM SENTOSA	4		**56.06**	
4	0567	**ZAID IQRAM BIN ZAINUDDIN**	CAK SPORT ACADEMY	6		**59.42**	
5	0257	**JUN SYUEN LEEN**	CLB TRACK AND FIELD	5		**61.72**	
6	0134	**MUHAMAD THAQIF IRFAN JAZLAN**	TEAM COACH FAROUK	3		**66.40**	
7	0863	**MUHAMMAD ADLI LUFTI ABDUL RAHMA**	HV PENANG	2		**69.60**	

Final 3 Start Time: 16:36

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	0302	**AHMAD AFIF ROMZI**	RBBAC	5		**57.63**	
2	0737	**AHMAD YASIN HASANI SHUKRI**	BAKAI ELITE	7		**58.25**	
3	0569	**AMIRUL ADAM ASRI BIN MUHAMMAD A**	CAK SPORT ACADEMY	6		**64.78**	
4	0784	**PUTRA RISKY**	SIN MIN PRIVATE	8		**65.56**	
5	0133	**SYED IRFAN WAJDI**	TEAM COACH FAROUK	3		**66.20**	
6	0182	**JOESON CHONG JUNCONG**	TEAM SENTOSA	4		**66.33**	
7	0879	**ZULYADHI THAQIF MOHD HAYUMI**	TCH ATHLETICS CLUB	2		**80.44**	

Final 4 Start Time: 16:42

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	0149	**VENKET PRABU A/L KALITHASAN**	TEAM COACH FAROUK	4		**52.53**	
2	0894	**ADAM ZAFIRUL ANUAR**	TAR MLD PERLIS	2		**56.01**	
3	0327	**AVINAASH KUMARESAN**	KAWAN ATHLETICS	5		**59.62**	
4	0437	**ALIFF ASYRAF BIN AZIZUL**	TCH ATHLETICS CLUB	6		**61.43**	
5	0117	**MUHAMMAD SYAMIL MD AKHIR**	SMK SYED MOHAMED ALBUKHARY	3		**61.58**	
6	0738	**MUHAMMAD AISAR MOHD TAMIZI**	BAKAI ELITE	7		**65.47**	
7	0783	**GOH JIA WEI**	SIN MIN PRIVATE	8		**70.44**	

Final 5 Start Time: 16:49

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	0317	**SEAN HUE SHER HENG**	KAWAN ATHLETICS	5		**55.98**	
2	0895	**HADIRIN OSMAN**	TAR MLD PERLIS	2		**59.13**	
3	0118	**ARIFF HAIKAL ABDULLAH**	SMK SYED MOHAMED ALBUKHARY	3		**61.73**	
4	0148	**DARWISY AQIF YAHAYA**	SMK SYED MOHAMED ALBUKHARY	4		**64.97**	
5	0743	**CHOONG ZHEN YU**	TEAM SENTOSA	7		**65.29**	
6	0436	**AMMAR RA'IF BIN AZRUL**	TCH ATHLETICS CLUB	6		**66.07**	
7	0782	**ZHONG ZAC**	SIN MIN PRIVATE	8		**70.68**	

Final 6 Start Time: 16:57

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	0417	**NEALFAIZ ADAM MOHAMAD NAZRUL NA**	BEECITY SQUAD	6		**61.09**	
2	0147	**AIDIL RIDZQI MUHAMAD ADAM**	SMK SYED MOHAMED ALBUKHARY	4		**63.52**	
3	0146	**ALIF FIRDAUS AMI RIZUAN**	SMK SYED MOHAMED ALBUKHARY	3		**64.65**	
4	0342	**MUHAMMAD RAYYAN PUTRA**	KELAB SUKAN ARUS	5		**70.16**	
5	0770	**DHANUSH RAJ THURAIRAJU**	YOUNG LION ATHLETICS CLUB	8		**71.34**	
6	0754	**MUHAMMAD AQIL MUKMIN ABU HURAIR**	SEKEBUN	7		**77.34**	

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Timing & Results provided by INNOTEX

400m L15 - Final

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	4	0149		TEAM COACH FAROUK	52.53	
2	2	0599		MI ATHLETICS	53.62	
3	1	0861		HV PENANG	54.48	
4	2	0829		TEAM KMY	54.63	
5	1	0184		TEAM SENTOSA	54.85	
6	1	0862		HV PENANG	55.25	
7	1	0568		CAK SPORT ACADEMY	55.87	
8	5	0317		KAWAN ATHLETICS	55.98	
9	4	0894		TAR MLD PERLIS	56.01	
10	2	0183		TEAM SENTOSA	56.06	
11	3	0302		RBBAC	57.63	
12	3	0737		BAKAI ELITE	58.25	
13	5	0895		TAR MLD PERLIS	59.13	
14	2	0567		CAK SPORT ACADEMY	59.42	
15	4	0327		KAWAN ATHLETICS	59.62	
16	6	0417		BEECITY SQUAD	61.09	
17	4	0437		TCH ATHLETICS CLUB	61.43	
18	4	0117		SMK SYED MOHAMED ALBUKHARY	61.58	
19	2	0257		CLB TRACK AND FIELD	61.72	
20	5	0118		SMK SYED MOHAMED ALBUKHARY	61.73	
21	1	0106		SMKDHAB	63.35	
22	6	0147		SMK SYED MOHAMED ALBUKHARY	63.52	
23	1	0052		PENGKALAN JAYA SPORTS SCHOOL	63.61	

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Timing & Results provided by INNOTEX



STADIUM BANDARAYA PULAU PINANG
Penang Track & Field Championship 2024
13 - 14 July 2024

Athletics
400m L15
Final

Rank	Heat	Bib	Name	Team	Result	Remark
24	6	0146		SMK SYED MOHAMED ALBUKHARY	64.65	
25	3	0569		CAK SPORT ACADEMY	64.78	
26	5	0148		SMK SYED MOHAMED ALBUKHARY	64.97	
27	5	0743		TEAM SENTOSA	65.29	
28	4	0738		BAKAI ELITE	65.47	
29	3	0784		SIN MIN PRIVATE	65.56	
30	5	0436		TCH ATHLETICS CLUB	66.07	
31	3	0133		TEAM COACH FAROUK	66.20	
32	3	0182		TEAM SENTOSA	66.33	
33	2	0134		TEAM COACH FAROUK	66.40	
34	2	0863		HV PENANG	69.60	
35	6	0342		KELAB SUKAN ARUS	70.16	
36	4	0783		SIN MIN PRIVATE	70.44	
37	5	0782		SIN MIN PRIVATE	70.68	
38	6	0770		YOUNG LION ATHLETICS CLUB	71.34	
39	1	0222		TEAM COACH FAROUK	71.55	
40	6	0754		SEKEBUN	77.34	
41	3	0879		TCH ATHLETICS CLUB	80.44	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

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