

RESULT

124 - 5000m Lelaki - Final

Records	Result	Name	Team	Date	venue
Championship Record GR	15:48.2	DAREN JAMES NAIR A/L RODNEY JAMES	NEWTON	0000	
National Record NR	14:06.8	RAMACHANDRAN MURUSAMY		1994	

Heat 1		Start Time: 04:49 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	A-101	DAREN JAMES NAIR A/L RODNEY JAMES	HELP	15:55.01		
2	F-130	RUVESHWARAN A/L BALACHANDRAN	MMU	16:17.05		
3	B-104	GAUTHAM A/L VADIVELU	IUKL	16:27.87		
4	C-116	SYHIR NAWAS KHAN BIN ZARAISH KHAN	KKMAS	17:03.02		
5	Z-282	HARRESH A/L RAMESH KUMAR	UPM	17:36.90		
6	J-153	PANG KEAT TUNG	SUNWAY	17:37.95		
7	K-166	NEM JUN HONG	TARUMT	17:50.45		
8	H-148	SHREE RAM A/L RAMESH	POLI	17:56.63		
9	N-186	HAFY ZIKRY BIN MAZARUL ARIF	UIAM	18:26.54		
10	K-168	LOO KENG SHANE	TARUMT	18:33.05		
11	U-243	VASUDEVAN A/L MURGAN	UNIMAP	18:41.38		
12	EE362	MUHAMAD DANIAL ZUL HILMI BIN ABDUL JALIL	UTHM	18:42.65		
13	L-172	YUE MUN HEW	TAYLORS	18:43.82		
14	R-222	MARATHANDA KANTHAN A/L SUMMUGAM	UM	18:57.85		
15	G-141	MUHAMMAD DANIEL HAQIM BIN FADZLI	MSU	19:19.34		
16	FF365	NIK MOHAMAD SALSAFIL BIN NOK NOR ADLAM	UTM	20:26.71		
17	EE355	PUGGAL RAJ A/L N.PIRAKAS	UTHM	20:32.88		
18	BB321	MUHAMMAD SYAKIR BIN RAMLY	USM	21:03.20		
19	C-119	MUHAMMAD NAUFAL RAZIN BIN ROSLILAN	KKMAS	21:04.94		
20	FF369	FAM QAI ZEN	UTM	21:27.41		
21	U-245	JEREMIAH LAJAMAT IMPAU EKUS	UNIMAP	23:29.49		
22	EE340	BERNARD TAY KAR LEONG	UTHM	23:39.75		

RESULT

Heat 1

Start Time: 04:49 pm

Pos	Bib	Athlete	Team	Result	React	Remark
23	T-236	CALVIN ROWELL ROMPOG	UMS	27:46.53		
-	FF366	THANES A/L SIVAM	UTM	DNF		
-	Z-270	MATHAN RAJ A/L GUNASAGARAN	UPM	DNF		
-	HH387	SAYYED AMMAR BIN ADAM MALEK	UUM	DNF		
-	E-288	AHMAD IZZAT IRFAN BIN SHAHRUL AZNAN	UPSI	DNF		
-	R-221	SHAWN ROSHAN SINGH	UM	DNS		
-	S-230	HILMAN HAFIZ BIN HILNIZAN	UMPSA	DNS		

Approved by TD:

Technical Delegate (Signature & Name)
Date: _____

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