

RESULT

121 - 5000m Lelaki - Final

Records	Result	Name	Team	Date	venue
Championship Record GR	15:48.2	DAREN JAMES NAIR A/L RODNEY JAMES	NEWTON	0000	
National Record NR	14:06.8	RAMACHANDRAN MURUSAMY		1994	

Heat 1			Start Time: 04:29 pm			
Pos	Bib	Athlete	Team	Result	React	Remark
1	207	SHAWN ROSHAN SINGH	UM	15:57.23		
2	162	MUHAMMAD FAHRIN AIMAN BIN YUSMIZAN	UCTATI	16:07.94		
3	124	MUHAMMAD AMNAN HAIKAL BIN ROSLAN	KPTMB	16:20.92		
4	139	SHREE RAM A/L RAMESH	POLI	16:50.54		
5	157	LOO KENG SHANE	TARUMT	16:54.93		
6	275	SYED ALI ZAINAL ABIDIN BIN SYED TAHA	UPNM	16:56.64		
7	301	MUHAMMAD SHAHRIL AIMAN BIN MOHD NOOR	USIM	17:54.36		
8	344	THANES A/L SIVAM	UTM	18:10.85		
9	115	RIVENESH A/L SUGU MARAN	KKMAS	18:22.54		
10	242	DANISH HAIKAL BIN ZULKHANINE	UNISZA	18:26.99		
11	127	MUHAMMAD DANIEL HAQIM BIN FADZLI	MSU	18:29.71		
12	158	NEM JUN HONG	TARUMT	18:32.52		
13	355	SAYYED AMMAR BIN ADAM MALEK	UUM	18:55.66		
14	336	MUHAMAD DANIAL ZUL HILMI BIN ABDUL JALIL	UTHM	19:17.95		
15	356	TAN ZHI JUN	UUM	19:49.48		
16	110	ADAM DANISH BIN MUHAMAD AZIZI	GMI	21:11.57		
17	352	MUHAMMAD MUZAMMIL BIN MD NAZAR	UUM	21:35.74		
-	298	GOLIATH VALERON SILI	UPSI	DNF		
-	258	HARRESH A/L RAMESH KUMAR	UPM	DNF		
-	302	MUHAMAD ADAM AFDHAL BIN ABDUL RAZAK	USIM	DNF		
-	114	MUHAMMAD NAUFAL RAZIN BIN ROSLILAN	KKMAS	DNF		
-	222	HILMAN HAFIZ BIN HILNIZAN	UMPSA	DNS		



RESULT

Approved by TD:

Technical Delegate (Signature & Name)
Date: _____

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