

**121 10000m Men - Final**

RECORD		RESULT	NAME	TEAM		
NATIONAL RECORD		NR	29:30.19			
<b>HEAT : 1 OF 1</b>						
				<b>START TIME : 08:14 PM</b>		
RANK	BIB	ATHLETE	TEAM	RESULT	REACT	REMARK
1	389	SANJAY A/L MANIMARAN	JOHOR	31:54.08		
2	192	MUHAMMAD FAROOQ B.MUHAMMAD ZUBIR KANAN	PERAK	32:46.94		
3	321	NIKOS TAI LEE ONN TAI	SABAH	33:51.05		
4	244	GAUTHAM A/L VADIVELU	SELANGOR	33:59.44		
5	262	DINESH VERMA	SELANGOR	34:12.92		
6	172	RUVESHVARAN BALACHANDRAN	PULAU PINANG	34:17.84		
7	173	JOSHUA LOH YIXUN	PULAU PINANG	34:58.41		
8	227	GOLIATH VALERON SILI	SARAWAK	35:10.29		
9	368	NOR ADAM HARIS BIN NORAZMAN	KELANTAN	35:42.33		
10	124	GOH GAN WEI	MELAKA	35:43.79		
11	120	MUHAMMAD SYAFIQ BIN ANUAR	MELAKA	36:02.22		
12	261	SABINESSHVER	SELANGOR	36:06.56		
13	308	SYHIR NAWAS KHAN BIN ZARAISH KHAN	KEDAH	36:23.89		
14	126	MUHAMMAD AZREEN BIN JA?AFAR	MELAKA	39:01.17		
15	333	CALVIN ROWEL ROMPOG	SABAH	41:42.39		
-	272	ABDUL QUZAIMI BIN MOHD KIS DINUMA	TERENGGANU	DNF		
-	193	VIMAL A/L GOVENDARAJOO	PERAK	DNF		

**OUR PARTNERS**

