Results

Report generated 12 Nov 2026 07:03:27 MYT

National Record	**46.09**	-

Heat 1 Start Time: 16:31

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	324	**MUHAMMAD KHALIL B. HELMI**	SABAH	7		**48.70**	
2	222	**RUSSEL BRYAN ANAK CHRISTIE**	SARAWAK	5		**48.96**	
3	378	**MOHAMAD AKMAL HAZIQ BIN MOHD ZA**	JOHOR	4		**49.56**	
4	190	**AHMAD AMIR AIMAN B.MOHD KAMARUD**	PERAK	6		**49.69**	
5	367	**WAN MOHD AL-HAFIZ BIN WAN MOHD**	KELANTAN	8		**50.53**	
6	142	**MUHAMMAD ARIEF SYAHREZA**	PAHANG	3		**51.46**	
7	380	**EMMET ZARIQ SHAH BIN AZRUL IZAH**	JOHOR	2		**51.99**	
8	315	**MOHAMMAD HAZIM AZFAR BIN MOHAMM**	KEDAH	1		**53.81**	

Heat 2 Start Time: 16:43

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	269	**MUHAMMAD SYAKIR DANIEL BIN FAUZ**	TERENGGANU	4		**49.02**	
2	189	**KANISHKANN A/L NATHAN**	PERAK	5		**49.12**	
3	223	**AKMAL AQQILLA BIN SELAMAT**	SARAWAK	3		**49.80**	
4	337	**MUHAMMAD SAIFUL SAFWAN BIN SAIF**	ATM	8		**50.89**	
5	297	**RAIS RAZIQ BIN MUSTAPHA KAMAL**	WIL. PERSEKUTUAN	7		**51.15**	
6	214	**MUHAMMAD IMAN SYAQIR BIN MOHD F**	NEGERI SEMBILAN	2		**52.53**	
7	204	**AHMAD ZAID BIN ABAS**	NEGERI SEMBILAN	1		**53.04**	
	268	**MUHAMMAD IRFAN BIN ZAKARIA**	TERENGGANU	6		**FS**	

Heat 3 Start Time: 16:49

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	307	**UMAR BIN OSMAN**	MSN	5		**46.83**	
2	352	**LUQMANUL HAKIM BIN KHAIRUL AKMA**	ATM	6		**48.45**	
3	383	**WILLS HARNESSY ANAK GINDAL**	JOHOR	4		**50.04**	
4	358	**MUHAMAD SYAZWAN BIN MOHD SAUFI**	KELANTAN	3		**50.64**	
5	271	**MUHAMMAD AZIF IKHFAN**	TERENGGANU	2		**52.39**	
6	263	**RAAM KUMAR A/L MUTHUKUMARAN**	SINGAPORE AA	7		**52.66**	
7	314	**MUHAMMAD FIRDAUS BIN ZAINUN**	KEDAH	1		**53.32**	

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
8	225	**MOHAMMAD RAMDHANI AZANI BIN ROS**	SARAWAK	8		**55.36**	

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

400m Men - Semi Final

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	3	307		MSN	46.83	
2	3	352		ATM	48.45	
3	1	324		SABAH	48.70	
4	1	222		SARAWAK	48.96	
5	2	269		TERENGGANU	49.02	
6	2	189		PERAK	49.12	
7	1	378		JOHOR	49.56	
8	1	190		PERAK	49.69	
9	2	223		SARAWAK	49.80	
10	3	383		JOHOR	50.04	
11	1	367		KELANTAN	50.53	
12	3	358		KELANTAN	50.64	
13	2	337		ATM	50.89	
14	2	297		WIL. PERSEKUTUAN	51.15	
15	1	142		PAHANG	51.46	
16	1	380		JOHOR	51.99	
17	3	271		TERENGGANU	52.39	
18	2	214		NEGERI SEMBILAN	52.53	
19	3	263		SINGAPORE AA	52.66	
20	2	204		NEGERI SEMBILAN	53.04	
21	3	314		KEDAH	53.32	
22	1	315		KEDAH	53.81	
23	3	225		SARAWAK	55.36	
-	2	268		TERENGGANU	FS	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

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Timing & Results provided by INNOTEX