



RESULT

113 - 400M L15 - Prelims

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 11:23 am				
Pos	Bib	Athlete	Team	Result	React	Remark

Heat 2		Start Time: 11:28 am				
Pos	Bib	Athlete	Team	Result	React	Remark

Heat 3		Start Time: 11:32 am				
Pos	Bib	Athlete	Team	Result	React	Remark

Heat 4		Start Time: 11:37 am				
Pos	Bib	Athlete	Team	Result	React	Remark

Heat 5		Start Time: 11:40 am				
Pos	Bib	Athlete	Team	Result	React	Remark

Heat 6		Start Time: 11:45 am				
Pos	Bib	Athlete	Team	Result	React	Remark

Heat 7		Start Time: 11:50 am				
Pos	Bib	Athlete	Team	Result	React	Remark

Approved by TD:

 Technical Delegate (Signature & Name)
 Date: _____

RESULT

400M L15

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	6	0172		SSN PERAK	54.20	q
2	1	0010		AGARAS ATHLETICS TEAM RANAU	54.52	q
3	5	0090		SEKOLAH SUKAN BUKIT JALIL	54.65	q
4	4	0358		MBPJ	54.82	q
5	3	0080		SEKOLAH SUKAN BUKIT JALIL	55.18	q
5	5	0229		SEKOLAH SUKAN MALAYSIA PAHANG	55.18	q
7	1	0431		SMK SERI SENTOSA	56.10	q
8	4	0088		SEKOLAH SUKAN BUKIT JALIL	56.199	
9	5	0357		MBPJ	56.196	q
10	2	0432		SMK SERI SENTOSA	56.65	
11	3	0462		MSSD KERIAN	57.10	
12	7	1175		TITAN ATHLETICS	57.44	
13	3	0433		SMK SERI SENTOSA	57.98	
14	2	0011		AGARAS ATHLETICS TEAM RANAU	58.10	
15	3	0359		MBPJ	58.13	
16	6	0092		NADI JUARA ACTIVE CLUB	58.20	
17	7	0173		SSN PERAK	58.45	
18	2	0840		BEECITY SQUAD	58.49	



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Rank	Heat	Bib	Name	Team	Result	Remark
19	3	0834		BEECITY SQUAD	58.50	
20	1	0849		STELLA MARIS INT SCHOOL	58.61	
21	5	0801		CJ ACADEMY	58.64	
21	4	0811		SSN MELAKA	58.64	
23	1	0901		SSN MELAKA	59.63	
24	6	1032		AGARAS ATHLETICS TEAM RANAU	59.66	
25	4	0980		ALFA GABRIANS RUNNING CLUB	60.03	
26	6	0794		MSN SELANGOR	60.09	
27	6	1174		TITAN ATHLETICS	61.59	
28	6	0412		KELAB OLAHRAGA M5	61.73	
29	6	0356		MBPJ	62.52	
30	2	0461		MSSD KERIAN	63.11	
31	4	0269		KELAB OLAHRAGA SETIAWANGSA	63.28	
32	4	0338		SMK JINJANG	64.37	
33	1	0447		SMK SERI SENTOSA	65.95	
34	7	0411		KELAB OLAHRAGA M5	66.05	
35	4	0413		KELAB OLAHRAGA M5	66.47	
36	3	0317		SMK JINJANG	67.05	
37	7	1119		PIN HWA HIGH SCHOOL	67.27	
38	1	0315		SMK JINJANG	67.69	
39	2	0312		SMK JINJANG	68.39	
40	2	0316		SMK JINJANG	71.70	
41	7	0355		MBPJ	72.61	



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Rank	Heat	Bib	Name	Team	Result	Remark
42	3	0979		ALFA GABRIANS RUNNING CLUB	73.24	
-	1	0314		SMK JINJANG	DNS	
-	7	0740		MSN SELANGOR	DNS	
-	7	0619		PLD PUTRAJAYA	DNS	
-	7	0155		SEKOLAH SUKAN BUKIT JALIL	DNS	
-	6	0620		PLD PUTRAJAYA	DNS	
-	2	0950		WORKHARD	DNS	
-	5	0410		KELAB OLAHRAGA M5	DNS	
-	5	0583		FALCON ATHLETICS	DNS	
-	5	1223		MSS PAHANG	DNS	
-	5	0990		KENEY MARTIN RUN CLINIC	DNS	

Approved by TD:

Technical Delegate (Signature & Name)

Date: _____