



RESULT

113 - 400 METER (LELAKI) - Heats

Records	Result	Name	Team	Date	vanue
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Heat 1

Start Time: 02:44 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	797	LIM YONG LE	SUKMA JOHOR	52.39		
2	986	SHOBHAN VEERA A/L VEERAMUTHU	SMK KOMPLEKS KLIA	53.52		
3	195	muhammad alif ikhwan bin mohd nasrul	MUTIARA IMPIAN SPINTER	53.96		
4	479	FAKHRUL HARIZ BIN FAKHRUZ ZAHID	KELANTAN	54.07		
5	631	MUHAMMAD ISKANDAR BIN ROSLAN	SSTMI	55.62		
6	302	PRATHISWARAN A/L SIVANESWARAN	B STAR RUNNING CLUB	57.70		
7	15	CHEE JAY XIANG	C ATHLETICS CLUB	60.00		
8	1144	SASHVIN AVINASH	MBPJ	64.51		

Heat 2

Start Time: 02:48 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	510	MUHAMMAD DANIEL HAQIEM BIN AZMAN	MSN SELANGOR	50.29		q
2	196	deniswar A/L yanasegran	MUTIARA IMPIAN SPINTER	51.01		q
3	1022	FONG ONG QI VEI	WIJUARA	51.77		
4	798	MOHAMAD HAZIQ ILMANI BIN OSMAN	SUKMA JOHOR	52.64		
5	1148	MOHAMAD ISA AZIZI BIN ABDULLAH	RAUB BLUE FOXES	54.65		
6	35	AMMAR IZDIYAD BIN ABDUL HAIRLIR	PLD AG	55.49		
7	311	MUHAMMAD KHAIRUL MUADZ BIN KHAIRUL FADLAN	SMK BUKIT NENAS	56.65		
8	180	MUHAMMAD ZULHAFIZAN BIN SARBANI	PANTHER ATHLETIC CLUB	60.72		



RESULT

Heat 3

Start Time: 02:52 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1025	TAN KAR KIEN	WIJUARA	51.22		q
2	521	MUHAMMAD AZWAR DANISH	MSN SELANGOR	51.82		
3	48	ADAM RAYYAN ARSHAD BIN RUBY SYARIZAD	SMK SERI SENTOSA	53.81		
4	1152	Muhammad farish iskandar b. muhamad farid	AMJAY	56.44		
5	650	SOY SI WEI	KC PEGASUS	57.77		
6	215	AHMAD DANIAL BIN AHMAD FARIZAL	MRSM PASIR SALAK	58.86		
7	312	MUHAMMAD AQIL AFIF BIN MD KHAIRUL ANWAR	SMK BUKIT NENAS	59.67		
-	799	MUHAMMAD RAFIQ BIN MOHAMMAD ROSLANG	SUKMA JOHOR	DNS		

Heat 4

Start Time: 02:57 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	522	KEBEENESH A/L MANIKAM	MSN SELANGOR	51.37		
2	88	KIVENESAN A/L SHANKAR	DE ATHLETIC	52.69		
3	319	MUHAMMAD ASYRAF HAKIMI BIN MOHD RAWI	SMK BUKIT NENAS	55.61		
4	216	MUHAMMAD IKMAL HADI BIN ZULFADZLY	MRSM PASIR SALAK	56.47		
5	1153	MUHAMMAD AMMAR BIN ROSDI	AMJAY	60.61		
6	829	OVIINAASH A/L VEKNESVARAN	PANDAN PERDANA RUNNING CLUB	67.53		
7	653	LEE AUN	KC PEGASUS	67.60		
-	1040	MUHAMMAD AQIL KHAIRANI B MOHD KHAIRUL ZAIFUDDIN	WIJUARA	DNS		



RESULT

Heat 5

Start Time: 03:01 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1154	muhammad hafiz rais bin kamaruddin	AMJAY	52.23		
2	1048	NADIM HADIF BIN MOHD NAZMI	WIJUARA	54.32		
3	538	Muhamad Aiman Danial Bin Shafik Rizaal	MSN SELANGOR	59.81		
4	830	DIVIAAN A/L PRABAGHARAN	PANDAN PERDANA RUNNING CLUB	60.11		
5	227	HENG EN	MUAR CHHS	65.47		
6	659	YONG YOONG HAO	KC PEGASUS	68.40		
-	328	BOO YUXIN	KELAB OLAHRAGA SETIAWANGSA	DNS		
-	104	MUHAMMAD YUZAIRY DANISH BIN MOHD YUSRY	SSN MELAKA	DNS		

Heat 6

Start Time: 03:05 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	358	M. NUFAIL FAKHRI BIN SHARUN NIZAM	SSMT	52.64		
2	1051	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	WIJUARA	55.74		
3	539	Adam Alif Bin Ghazali	MSN SELANGOR	57.25		
4	660	LAU JING YANG	KC PEGASUS	63.35		
5	831	DANUSH A/L VELAN	PANDAN PERDANA RUNNING CLUB	66.31		
6	1155	MUHAMMAD SALAHUDDIN BIN MOHD NORHAFIZAN	AMJAY	71.14		
7	235	ERFAN AZ ZAYYAD BIN MOHD NURFAKHRI	VORTEX ATHLETIC SEPANG	76.43		
-	105	MUHAMMAD LUTFI BIN LATIF	SSN MELAKA	DNS		



RESULT

Heat 7

Start Time: 03:10 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1195	MUHAMMAD ADIB IZUDIN BIN FAMIE IZUDIN	MSPAANG	54.16		
2	114	MUHAMMAD ADAM BIN ABU BAKAR	SSN MELAKA	56.37		
3	368	MUHAMMAD FAREEZ DANIAL BIN TANTY RATNO	SSMT	60.05		
4	835	LAAKSHMAN	PANDAN PERDANA RUNNING CLUB	60.18		
5	236	EMIIE ZAFRI BIN MOHD IQBAL	VORTEX ATHLETIC SEPANG	66.23		
6	1059	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	PLN PUTRAJAYA	73.15		
-	542	Ng Zhong Hao	MSN SELANGOR	DNS		
-	662	LIM JUN KIET	KC PEGASUS	DNS		

Heat 8

Start Time: 03:14 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	209	JEHAN SUHAIDI	COACH KENEY RUN CLINIQUE	51.75		
2	1063	ARRYAN RIZQIN ANAQI BIN MUHD HAFIZ	PLN PUTRAJAYA	53.60		
3	130	EASSON WEIDE KOH	RED GIANT PARA ATHLETICS CLUB	54.05		
4	837	MAGESWARAN A/L THURAI SINGAM	PANDAN PERDANA RUNNING CLUB	54.64		
5	551	Iman Farish Naquddin Bin Hairul Faszeli	MSN SELANGOR	54.97		
6	371	KEVINDIRAN PADMANATHAN	BEBAS (KEVIN)	57.55		
7	244	CHONG YONG ZHENG	SMJK CONFUCIAN	58.85		
8	664	GUN YEW ZHE	KC PEGASUS	62.86		



RESULT

Heat 9

Start Time: 03:20 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1606	MUHAMMAD AFIF MUKHRIZ B. ABDUL RAHMAN	MSPAANG	52.32		
2	1065	MUHAMAD HAZIM BIN SAKRI	PLN PUTRAJAYA	52.39		
3	400	SERAN NAIDU A/L DORAI SEELAN NAIDU	SUKMA PERAK	54.03		
4	682	MUHAMMAD AKIF ZIKRY BIN ZULKIFLI	PERLIS	55.25		
5	849	MUHAMMAD FARIZ IRFAN BIN ERWAN	SMK SERI PERMAISURI	59.16		
-	552	Amsyar Safiy bin Asmadi	MSN SELANGOR	DQ		
-	131	NADIM HADIF BIN MOHD NAZMI	RED GIANT PARA ATHLETICS CLUB	DNS		
-	255	ASHER KARIM SHAN KAMAHL	BARRACUDA ATHLETICS ACADEMY	DNS		

Heat 10

Start Time: 03:24 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1091	MUHAMMAD SAYYID AMIN BIN ROSLAN	PULAU PINANG	50.11		q
2	148	AIMAN IKHWAN BIN YAHYA	KEDAH	51.65		
3	1607	MUHAMMAD ARIFF QAYYUM BIN ABDUL AZUAN	MSPAANG	55.79		
4	859	WAN MUHAMMAD FARHAN BIN WAN MOHD SYAHRIL	IPTEK	57.84		
5	401	MOHAMAD NAIM BIN ZAMBAHARI	SUKMA PERAK	58.40		
6	263	IBNU MUHAJMIN BIN IBNU IKHRAM	MRSN PASIR SALAK	58.50		
-	555	Siew Bo Xuan	MSN SELANGOR	DNS		
-	720	NEALFAIZ ADAM	BEECITY SQUAD	DNS		



RESULT

Heat 11

Start Time: 03:28 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1094	VENKET PRABU A/L KALITHASAN	PULAU PINANG	50.57		q
2	1610	MUHAMMAD NUR HARRIS BIN AZHAR	MSPAANG	52.08		
3	402	MUHAMMAD ABDUL MATEEN BIN MD. IDRIS	SUKMA PERAK	53.39		
4	566	IZZ RAMLI RIZAL HASHIM	KELAB OLAHRAGA SHAHSARA	57.32		
5	721	MUHAMAD SYAZA DANIAL BIN MUHAMAD SARWANI	BEECITY SQUAD	58.56		
6	1677	YUVAN A/L MURUGESAN	TEAM COACH FAROUK	59.57		
7	273	DAVID LIM WEN HAO	FALCON ATHLETICS	60.55		
8	864	AMMAR HARRITH B MOHD FUAD	CLP ATHLETIC PUTRAJAYA	72.27		

Heat 12

Start Time: 03:32 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	50.31		q
2	150	MUHAMMAD UMAIRA BIN SUBRI	KEDAH	52.13		
3	403	TARSHAN A/L RAMESHWARAN	SUKMA PERAK	53.11		
4	732	QALIF ADAM BIN MOHD ZAIRI	M.A.G	54.49		
5	893	CARL DARRIEN BIN FERID	SAAS ATHLETICS	55.58		
6	1619	MUHAMMAD AMIN BIN AZHARI	IPG ILMU KHAS	55.66		
7	275	LEE XIN YE	FALCON ATHLETICS	56.13		
8	569	ASIM HARRAZ BIN ABDUL HADI	KELAB OLAHRAGA SHAHSARA	66.97		



RESULT

Heat 13

Start Time: 03:37 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	404	YUUVANRAM A/L RAJAH	SUKMA PERAK	51.30		
2	151	HAZIQ IKHWAN BIN ADNAN	KEDAH	52.16		
3	1102	MUHAMMAD SHAHRUL EIRFAN BIN ABDULLAH	RAUB BLUE FOXES	52.80		
4	1641	MUHAMAD HILMIE SYAKIF BIN MUHAMAD ZAKI	POAT	54.14		
5	585	ALIF DANIAL BIN ZAINAL	TITAN ATHLETICS	54.26		
6	737	TAN HONG YU	M.A.G	55.91		
7	898	RADEN ADEEB HAYYAN BIN M. HARIZAN	SAAS ATHLETICS	58.40		
8	277	LEONG LI JIA	FALCON ATHLETICS	59.74		

Heat 14

Start Time: 03:41 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	156	MUHAMMAD ABSYAR HAFIY B. KHAIRUL BASHAR	KEDAH	52.23		
2	1658	NIK ABRISAM JAZMI BIN NIK ADZLI	POAT	52.28		
3	405	MUHAMMAD DANIAL IRFAN BIN IRWANIZAM	SUKMA PERAK	52.31		
4	1103	MUHAMAD FARIZUAN BIN MOKHTAR	RAUB BLUE FOXES	56.02		
5	770	ADAM HARITH BIN HAIRULAYDEL	SUKMA JOHOR	57.67		
6	902	AIDIL SUFYAN BIN SUHAIDI	SAAS ATHLETICS	66.19		
-	278	LUCAS RIREN NOEL ANAK DARYL	FALCON ATHLETICS	DNS		
-	586	MUHAMMAD FAKHRIY FASYEEN BIN ABDULLAH	TITAN ATHLETICS	DNS		



RESULT

Heat 15

Start Time: 03:45 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	774	MUHAMMAD AZZAM DARWISY BIN SHAMSUL	SUKMA JOHOR	50.51		q
2	406	MUHAMMAD ANAS BIN MUHAMMAD ZUBAIR KANAN	SUKMA PERAK	51.97		
3	282	IMRAN HASSAN BIN MOHAMED ZAKIE	BEBAS	53.32		
4	534	Eugene Goh Kin Long	MSN SELANGOR	53.55		
5	1104	WAN KHAIRUL IMAN BIN W ROMELI	RAUB BLUE FOXES	54.82		
6	161	MUHAMMAD SYAKIR BIN AZMI	KEDAH	55.41		
7	621	NADZRIMAN SHAH BIN ABDUL RAHMAN	SSTMI	60.60		
8	904	DAING MOHAMAD ZHARIFF	SAAS ATHLETICS	68.34		

Heat 16

Start Time: 03:50 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1656	SHAH SHAZMI?EY HELMY BIN SHARUL AL FAIZA	POAT	51.32		
2	776	MOHAMAD AKMAL HAZIQ BIN MOHD ZAHARI	SUKMA JOHOR	51.60		
3	407	FARISH NAZMI BIN ISHAK	SUKMA PERAK	53.32		
4	162	MUHAMMAD AMIRULLAH BIN MOHD ZAMRI	KEDAH	54.19		
5	283	JOSHUA BIN JEFFRY	BEBAS	54.48		
6	938	MUHAMMAD HAFIY BIN HAMIDI	SP ATHLETICS	57.17		
7	1127	MUHAMMAD IRFAN BIN ROS SAMSUDIN	SSN JOHOR	57.20		
8	623	MUHAMMAD ALIFF AIMAAN BIN ABDULLAH	SSTMI	59.04		



RESULT

Heat 17

Start Time: 03:53 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	783	WILLS HARNESSY ANAK GINDAL	SUKMA JOHOR	51.85		
2	1622	THIAN LE	SEK MEN CHONG HWA PSDN KL	52.19		
3	1654	MUHAMMAD FAIZ IZUDDIN BIN MOHAMMAD ANUAR	POAT	52.29		
4	1137	MONIV TAN	MBPJ	53.59		
5	165	MUHAMMAD SYAKIR DANISH BIN SAMSANI	KEDAH	54.75		
6	627	MUHAMMAD ARIF ZAQWAN BIN MD YASIR	SSTMI	59.24		
7	294	MUHAMMAD HAZIQ DANISH BIN IRWAN	KELAB OLAHRAGA BP	63.94		
8	442	ANSON WONG YU JER	KAWAN ATHLETICS	67.86		

Heat 18

Start Time: 03:57 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	628	ARYAN RAFIQUE BIN ROMAFITRI	SSTMI	51.20		q
2	166	MUHAMMAD FAIRUZ ZAIM B. MOHAMAD YUSOFF	KEDAH	53.12		
3	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	53.31		
4	1683	MUHAMMAD ADRY FAKHRY BIN MOHD AZLIM	MSS TERENGGANU	53.39		
5	1138	DHARSHAN TAN	MBPJ	53.49		
6	445	KAVEESHAN LI HUI FANG	KLHF2009	57.18		
7	297	MUHAMMAD ZIKRI IKHWAN BIN MOHD ZAKI	KELAB OLAHRAGA BP	70.91		
8	967	YUN CHERN LE	HAPPY KIDS SPORTS CLUB	72.18		



RESULT

Heat 19

Start Time: 04:01 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	795	MUHAMMAD HADIF HAFIY BIN MOHD. HANIF	SUKMA JOHOR	53.26		
2	630	MUHAMMAD ARYAN SYAHMI BIN AIDIL HAKIM	SSTMI	54.98		
3	1684	MUHAMMAD AZIF IKHFAN BIN OMAR	UPSI	55.20		
4	1682	AMZAR BIN RUSLI	MSS TERENGGANU	56.39		
5	179	AMIRUL AMAANULLAH BIN MOHD SA'AD	PANTHER ATHLETIC CLUB	57.35		
6	969	HIMM CHIANG KAY QIAN	HAPPY KIDS SPORTS CLUB	73.13		
7	298	FAIZ AQIL BIN MOHD FADZIL	KELAB OLAHRAGA BP	79.22		
-	460	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	DNS		

Approved by TD:

Technical Delegate (Signature & Name)
Date: _____



RESULT

400 METER (LELAKI)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	10	1091	MUHAMMAD SAYYID AMIN BIN ROSLAN	PULAU PINANG	50.11	q
2	2	510	MUHAMMAD DANIEL HAQIEM BIN AZMAN	MSN SELANGOR	50.29	q
3	12	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	50.31	q
4	15	774	MUHAMMAD AZZAM DARWISY BIN SHAMSUL	SUKMA JOHOR	50.51	q
5	11	1094	VENKET PRABU A/L KALITHASAN	PULAU PINANG	50.57	q
6	2	196	deniswar A/L yanasegran	MUTIARA IMPIAN SPINTER	51.01	q
7	18	628	ARYAN RAFIQUE BIN ROMAFITRI	SSTMI	51.20	q
8	3	1025	TAN KAR KIEN	WIJUARA	51.22	q
9	13	404	YUUVANRAM A/L RAJAH	SUKMA PERAK	51.30	
10	16	1656	SHAH SHAZMI?EY HELMY BIN SHARUL AL FAIZA	POAT	51.32	
11	4	522	KEBEENESH A/L MANIKAM	MSN SELANGOR	51.37	
12	16	776	MOHAMAD AKMAL HAZIQ BIN MOHD ZAHARI	SUKMA JOHOR	51.60	
13	10	148	AIMAN IKHWAN BIN YAHYA	KEDAH	51.65	
14	8	209	JEHAN SUHAIDI	COACH KENEY RUN CLINIQUE	51.75	
15	2	1022	FONG ONG QI VEI	WIJUARA	51.77	
16	3	521	MUHAMMAD AZWAR DANISH	MSN SELANGOR	51.82	
17	17	783	WILLS HARNESSY ANAK GINDAL	SUKMA JOHOR	51.85	
18	15	406	MUHAMMAD ANAS BIN MUHAMMAD ZUBAIR KANAN	SUKMA PERAK	51.97	
19	11	1610	MUHAMMAD NUR HARRIS BIN AZHAR	MSPAANG	52.08	
20	12	150	MUHAMMAD UMAIRA BIN SUBRI	KEDAH	52.13	
21	13	151	HAZIQ IKHWAN BIN ADNAN	KEDAH	52.16	
22	17	1622	THIAN LE	SEK MEN CHONG HWA PSDN KL	52.19	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
23	5	1154	muhammad hafiz rais bin kamaruddin	AMJAY	52.23	
23	14	156	MUHAMMAD ABSYAR HAFIY B. KHAIRUL BASHAR	KEDAH	52.23	
25	14	1658	NIK ABRISAM JAZMI BIN NIK ADZLI	POAT	52.28	
26	17	1654	MUHAMMAD FAIZ IZUDDIN BIN MOHAMMAD ANUAR	POAT	52.29	
27	14	405	MUHAMMAD DANIAL IRFAN BIN IRWANIZAM	SUKMA PERAK	52.31	
28	9	1606	MUHAMMAD AFIF MUKHRIZ B. ABDUL RAHMAN	MSPAANG	52.32	
29	1	797	LIM YONG LE	SUKMA JOHOR	52.39	
29	9	1065	MUHAMAD HAZIM BIN SAKRI	PLN PUTRAJAYA	52.39	
31	2	798	MOHAMAD HAZIQ ILMANI BIN OSMAN	SUKMA JOHOR	52.64	
31	6	358	M. NUFAIL FAKHRI BIN SHARUN NIZAM	SSMT	52.64	
33	4	88	KIVENESAN A/L SHANKAR	DE ATHLETIC	52.69	
34	13	1102	MUHAMMAD SHAHRUL EIRFAN BIN ABDULLAH	RAUB BLUE FOXES	52.80	
35	12	403	TARSHAN A/L RAMESHWARAN	SUKMA PERAK	53.11	
36	18	166	MUHAMMAD FAIRUZ ZAIM B. MOHAMAD YUSOFF	KEDAH	53.12	
37	19	795	MUHAMMAD HADIF HAFIY BIN MOHD. HANIF	SUKMA JOHOR	53.26	
38	18	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	53.31	
39	15	282	IMRAN HASSAN BIN MOHAMED ZAKIE	BEBAS	53.32	
39	16	407	FARISH NAZMI BIN ISHAK	SUKMA PERAK	53.32	
41	11	402	MUHAMMAD ABDUL MATEEN BIN MD. IDRIS	SUKMA PERAK	53.39	
41	18	1683	MUHAMMAD ADRY FAKHRY BIN MOHD AZLIM	MSS TERENGGANU	53.39	
43	18	1138	DHARSHAN TAN	MBPJ	53.49	
44	1	986	SHOBHAN VEERA A/L VEERAMUTHU	SMK KOMPLEKS KLIA	53.52	
45	15	534	Eugene Goh Kin Long	MSN SELANGOR	53.55	
46	17	1137	MONIV TAN	MBPJ	53.59	
47	8	1063	ARRYAN RIZQIN ANAQI BIN MUHD HAFIZ	PLN PUTRAJAYA	53.60	
48	3	48	ADAM RAYYAN ARSHAD BIN RUBY SYARIZAD	SMK SERI SENTOSA	53.81	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
49	1	195	MUHAMMAD ALIF IKHWAN BIN MOHD NASRUL	MUTIARA IMPIAN SPINTER	53.96	
50	9	400	SERAN NAIDU A/L DORAI SEELAN NAIDU	SUKMA PERAK	54.03	
51	8	130	EASSON WEIDE KOH	RED GIANT PARA ATHLETICS CLUB	54.05	
52	1	479	FAKHRUL HARIZ BIN FAKHRUZ ZAHID	KELANTAN	54.07	
53	13	1641	MUHAMAD HILMIE SYAKIF BIN MUHAMAD ZAKI	POAT	54.14	
54	7	1195	MUHAMMAD ADIB IZUDIN BIN FAMIE IZUDIN	MSPAANG	54.16	
55	16	162	MUHAMMAD AMIRULLAH BIN MOHD ZAMRI	KEDAH	54.19	
56	13	585	ALIF DANIAL BIN ZAINAL	TITAN ATHLETICS	54.26	
57	5	1048	NADIM HADIF BIN MOHD NAZMI	WIJAJARA	54.32	
58	16	283	JOSHUA BIN JEFFRY	BEBAS	54.48	
59	12	732	QALIF ADAM BIN MOHD ZAIRI	M.A.G	54.49	
60	8	837	MAGESWARAN A/L THURAI SINGAM	PANDAN PERDANA RUNNING CLUB	54.64	
61	2	1148	MOHAMAD ISA AZIZI BIN ABDULLAH	RAUB BLUE FOXES	54.65	
62	17	165	MUHAMMAD SYAKIR DANISH BIN SAMSANI	KEDAH	54.75	
63	15	1104	WAN KHAIRUL IMAN BIN W ROMELI	RAUB BLUE FOXES	54.82	
64	8	551	Iman Farish Naquddin Bin Hairul Faszeli	MSN SELANGOR	54.97	
65	19	630	MUHAMMAD ARYAN SYAHMI BIN AIDIL HAKIM	SSTMI	54.98	
66	19	1684	MUHAMMAD AZIF IKHFAN BIN OMAR	UPSI	55.20	
67	9	682	MUHAMMAD AKIF ZIKRY BIN ZULKIFLI	PERLIS	55.25	
68	15	161	MUHAMMAD SYAKIR BIN AZMI	KEDAH	55.41	
69	2	35	AMMAR IZDIYAD BIN ABDUL HAIRILIR	PLD AG	55.49	
70	12	893	CARL DARRIEN BIN FERID	SAAS ATHLETICS	55.58	
71	4	319	MUHAMMAD ASYRAF HAKIMI BIN MOHD RAWI	SMK BUKIT NENAS	55.61	
72	1	631	MUHAMMAD ISKANDAR BIN ROSLAN	SSTMI	55.62	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
73	12	1619	MUHAMMAD AMIN BIN AZHARI	IPG ILMU KHAS	55.66	
74	6	1051	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	WIJUARA	55.74	
75	10	1607	MUHAMMAD ARIFF QAYYUM BIN ABDUL AZUAN	MSPAANG	55.79	
76	13	737	TAN HONG YU	M.A.G	55.91	
77	14	1103	MUHAMAD FARIZUAN BIN MOKHTAR	RAUB BLUE FOXES	56.02	
78	12	275	LEE XIN YE	FALCON ATHLETICS	56.13	
79	7	114	MUHAMMAD ADAM BIN ABU BAKAR	SSN MELAKA	56.37	
80	19	1682	AMZAR BIN RUSLI	MSS TERENGGANU	56.39	
81	3	1152	Muhammad farish iskandar b. muhamad farid	AMJAY	56.44	
82	4	216	MUHAMMAD IKMAL HADI BIN ZULFADZLY	MRSM PASIR SALAK	56.47	
83	2	311	MUHAMMAD KHAIRUL MUADZ BIN KHAIRUL FADLAN	SMK BUKIT NENAS	56.65	
84	16	938	MUHAMMAD HAFIY BIN HAMIDI	SP ATHLETICS	57.17	
85	18	445	KAVEESHAN LI HUI FANG	KLHF2009	57.18	
86	16	1127	MUHAMMAD IRFAN BIN ROS SAMSUDIN	SSN JOHOR	57.20	
87	6	539	Adam Alif Bin Ghazali	MSN SELANGOR	57.25	
88	11	566	IZZ RAMLI RIZAL HASHIM	KELAB OLAHRAGA SHAHSARA	57.32	
89	19	179	AMIRUL AMAANULLAH BIN MOHD SA'AD	PANTHER ATHLETIC CLUB	57.35	
90	8	371	KEVINDIRAN PADMANATHAN	BEBAS (KEVIN)	57.55	
91	14	770	ADAM HARITH BIN HAIRULAYDEL	SUKMA JOHOR	57.67	
92	1	302	PRATHISWARAN A/L SIVANESWARAN	B STAR RUNNING CLUB	57.70	
93	3	650	SOY SI WEI	KC PEGASUS	57.77	
94	10	859	WAN MUHAMMAD FARHAN BIN WAN MOHD SYAHRIL	IPTEK	57.84	
95	10	401	MOHAMAD NAIM BIN ZAMBAHARI	SUKMA PERAK	58.40	
95	13	898	RADEN ADEEB HAYYAN BIN M. HARIZAN	SAAS ATHLETICS	58.40	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
97	10	263	IBNU MUHAIMIN BIN IBNU IKHRAM	MRSM PASIR SALAK	58.50	
98	11	721	MUHAMAD SYAZA DANIAL BIN MUHAMAD SARWANI	BEECITY SQUAD	58.56	
99	8	244	CHONG YONG ZHENG	SMJK CONFUCIAN	58.85	
100	3	215	AHMAD DANIAL BIN AHMAD FARIZAL	MRSM PASIR SALAK	58.86	
101	16	623	MUHAMMAD ALIFF AIMAAN BIN ABDULLAH	SSTMI	59.04	
102	9	849	MUHAMMAD FARIZ IRFAN BIN ERWAN	SMK SERI PERMAISURI	59.16	
103	17	627	MUHAMMAD ARIF ZAQWAN BIN MD YASIR	SSTMI	59.24	
104	11	1677	YUVAN A/L MURUGESAN	TEAM COACH FAROUK	59.57	
105	3	312	MUHAMMAD AQIL AFIF BIN MD KHAIRUL ANWAR	SMK BUKIT NENAS	59.67	
106	13	277	LEONG LI JIA	FALCON ATHLETICS	59.74	
107	5	538	Muhamad Aiman Danial Bin Shafik Rizaal	MSN SELANGOR	59.81	
108	1	15	CHEE JAY XIANG	C ATHLETICS CLUB	60.00	
109	7	368	MUHAMMAD FAREEZ DANIAL BIN TANTY RATNO	SSMT	60.05	
110	5	830	DIVIAAN A/L PRABAGHARAN	PANDAN PERDANA RUNNING CLUB	60.11	
111	7	835	LAAKSHMAN	PANDAN PERDANA RUNNING CLUB	60.18	
112	11	273	DAVID LIM WEN HAO	FALCON ATHLETICS	60.55	
113	15	621	NADZRIMAN SHAH BIN ABDUL RAHMAN	SSTMI	60.60	
114	4	1153	MUHAMMAD AMMAR BIN ROSDI	AMJAY	60.61	
115	2	180	MUHAMMAD ZULHAFIZAN BIN SARBANI	PANTHER ATHLETIC CLUB	60.72	
116	8	664	GUN YEW ZHE	KC PEGASUS	62.86	
117	6	660	LAU JING YANG	KC PEGASUS	63.35	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
118	17	294	MUHAMMAD HAZIQ DANISH BIN IRWAN	KELAB OLAHRAGA BP	63.94	
119	1	1144	SASHVIN AVINASH	MBPJ	64.51	
120	5	227	HENG EN	MUAR CHHS	65.47	
121	14	902	AIDIL SUFYAN BIN SUHAIDI	SAAS ATHLETICS	66.19	
122	7	236	EMIIE ZAFRI BIN MOHD IQBAL	VORTEX ATHLETIC SEPANG	66.23	
123	6	831	DANUSH A/L VELAN	PANDAN PERDANA RUNNING CLUB	66.31	
124	12	569	ASIM HARRAZ BIN ABDUL HADI	KELAB OLAHRAGA SHAHSARA	66.97	
125	4	829	OVIINAASH A/L VEKNESVARAN	PANDAN PERDANA RUNNING CLUB	67.53	
126	4	653	LEE AUN	KC PEGASUS	67.60	
127	17	442	ANSON WONG YU JER	KAWAN ATHLETICS	67.86	
128	15	904	DAING MOHAMAD ZHARIFF	SAAS ATHLETICS	68.34	
129	5	659	YONG YOONG HAO	KC PEGASUS	68.40	
130	18	297	MUHAMMAD ZIKRI IKHWAN BIN MOHD ZAKI	KELAB OLAHRAGA BP	70.91	
131	6	1155	MUHAMMAD SALAHUDDIN BIN MOHD NORHAFIZAN	AMJAY	71.14	
132	18	967	YUN CHERN LE	HAPPY KIDS SPORTS CLUB	72.18	
133	11	864	AMMAR HARRITH B MOHD FUAD	CLP ATHLETIC PUTRAJAYA	72.27	
134	19	969	HIMM CHIANG KAY QIAN	HAPPY KIDS SPORTS CLUB	73.13	
135	7	1059	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	PLN PUTRAJAYA	73.15	
136	6	235	ERFAN AZ ZAYYAD BIN MOHD NURFAKHRI	VORTEX ATHLETIC SEPANG	76.43	
137	19	298	FAIZ AQIL BIN MOHD FADZIL	KELAB OLAHRAGA BP	79.22	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	3	799	MUHAMMAD RAFIQ BIN MOHAMMAD ROSLANG	SUKMA JOHOR	DNS	
-	4	1040	MUHAMMAD AQIL KHAIRANI B MOHD KHAIRUL ZAIFUDDIN	WIJUARA	DNS	
-	5	104	MUHAMMAD YUZAIRY DANISH BIN MOHD YUSRY	SSN MELAKA	DNS	
-	5	328	BOO YUXIN	KELAB OLAHRAGA SETIAWANGSA	DNS	
-	6	105	MUHAMMAD LUTFI BIN LATIF	SSN MELAKA	DNS	
-	7	542	Ng Zhong Hao	MSN SELANGOR	DNS	
-	7	662	LIM JUN KIET	KC PEGASUS	DNS	
-	9	131	NADIM HADIF BIN MOHD NAZMI	RED GIANT PARA ATHLETICS CLUB	DNS	
-	9	255	ASHER KARIM SHAN KAMAHL	BARRACUDA ATHLETICS ACADEMY	DNS	
-	9	552	Amsyar Safiy bin Asmadi	MSN SELANGOR	DQ	
-	10	555	Siew Bo Xuan	MSN SELANGOR	DNS	
-	10	720	NEALFAIZ ADAM	BEECITY SQUAD	DNS	
-	14	278	LUCAS RIREN NOEL ANAK DARYL	FALCON ATHLETICS	DNS	
-	14	586	MUHAMMAD FAKHRIY FASYEEN BIN ABDULLAH	TITAN ATHLETICS	DNS	
-	19	460	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	DNS	

Approved by TD:

Technical Delegate (Signature & Name)

Date: _____