



RESULT

112 - 400 METER (WANITA) - Heats

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 01:54 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	382	QASEY AIMY BINTI MOHD NOR HAIZAT	SUKMA PERAK	62.75		q
2	1005	NURUL FATIMAH AMARA BINTI ABDULLAH	WIJUARA	66.15		
3	507	Nur Aleeya Batrisya Binti Muhamad Hafizi	MSN SELANGOR	69.28		
4	125	NUR IZDIHAR BINTI IBRAHIM	RED GIANT PARA ATHLETICS CLUB	73.12		
5	822	PUVITHRA RAHJ	PANDAN PERDANA RUNNING CLUB	77.31		
-	289	JOCELYN HEN SI JIA	KELAB OLAHRAGA BP	DNS		
-	610	INAS SOFEA SYAHMINA BINTI MD MURAD	SSTMI	DNS		
-	717	HUSNA SOFEA BINTI ABDUL HAFIZ	BEECITY SQUAD	DNS		



RESULT

Heat 2

Start Time: 01:58 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	612	NURUL LIYANA BINTI MUHAMMAD FITRI MICHAEL	SSTMI	64.54		
2	1010	NUR IRDINA SYAUQINA BINTI GHAZALI	WIJUARA	66.75		
3	177	NURSU Aidah ASYIQIN BINTI MOHD YATIM	PANTHER ATHLETIC CLUB	74.53		
4	564	THESHNASHRI SARGUNAN	KELAB OLAHRAGA SHAHSARA	75.81		
5	424	ONG RAEYEN	KAWAN ATHLETICS	79.64		
6	291	SITI HADIRAH BINTI MOHAMAD HAFEZ	KELAB OLAHRAGA BP	83.97		
-	826	THANUSRIA A/P RENGANATHAN	PANDAN PERDANA RUNNING CLUB	DNS		
-	718	ALISHA ZAHRA	BEECITY SQUAD	DNS		

Heat 3

Start Time: 02:03 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	308	NUR IZZATIE AYUNI BINTI MOHD FAIZAL	SMK BUKIT NENAS	65.83		
2	613	PUTERI NUR QAISARAH BINTI HASRUL SAIFUL	SSTMI	66.81		
3	883	NUR MIRZA AZALIA BT AMIR	SAAS ATHLETICS	69.39		
4	565	NUR ALESYA QAISARA BINTI MOHD FAISOL	KELAB OLAHRAGA SHAHSARA	74.35		
5	727	SANGKAMITRA A/P KUMARACHELVAN	M.A.G	75.38		
6	1131	MAAYA LAKSHMIE	MBPJ	80.87		
-	178	NUR FATIHAH BINTI ABDUL HAQ	PANTHER ATHLETIC CLUB	DNS		
-	425	KALAITHULIR LAKSHMY A/P K.RAJAKUMAR	KAWAN ATHLETICS	DNS		



RESULT

Heat 4

Start Time: 02:08 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	181	SITI ROKIAH HASHIM	KEDAH	63.91		q
2	574	DAMIA QAISARA BINTI BAHTIAR	TITAN ATHLETICS	65.00		
3	742	GEETHA A/P SIVARAJA	SUKMA JOHOR	65.71		
4	426	ZIA ALISYA BINTI MOHAMAD FAIRUZ	KAWAN ATHLETICS	65.83		
5	1135	SIVAPRIYA	MBPJ	68.94		
6	309	MYA NAZMIRA BINTI ZAINADI	SMK BUKIT NENAS	78.07		
7	1672	CHAU JYNN JYNN	TEAM COACH FAROUK	78.90		
-	614	WAN NURZAFIRA ZAHRA BINTI WAN MOHAMED ZAMRI	SSTMI	DNS		

Heat 5

Start Time: 02:12 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	61.06		q
2	744	NURUL KHALIESAH BINTI MOHD. FAUZI	SUKMA JOHOR	67.67		
3	995	NUR HAIDA SHAZIRA BINTI AHMAD HASROL	WIJUARA	69.40		
4	206	AISYAH NOR HABRIYAH BINTI ARIFFUDDIN	COACH KENEY RUN CLINIQUE	70.21		
5	310	NUR NABILAH BALQIS BINTI MOHD ROZI	SMK BUKIT NENAS	71.96		
6	430	KHANAGHE LOHSHINI A/P KUMARA VADIVAELAN	KAWAN ATHLETICS	75.52		
7	1151	Nur Damia Adira Binti Norazhar	AMJAY	78.31		
8	598	IBTISAM JAHEERA BT ABD SYUKUR	GOMBAK TITANZ	83.50		



RESULT

Heat 6

Start Time: 02:17 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	454	KHAIRAN KATHIRAH BINTI JAFFRI	NEGERI SEMBILAN	65.24		
2	745	ANIS BATRISYAH BINTI NORIEZAD	SUKMA JOHOR	67.43		
3	1678	SITI NUR AZREEN BINTI MOHD AZMI	POAT	68.59		
4	618	NUR SYANAJIMAH BINTI MOHD HANAFI	SSTMI	71.91		
5	604	DHIA ADIRA NAFISA BINTI ABDULLAH	SSTMI	76.80		
-	1182	DINIE NUR WAZIEN KAMARUL HAMRI	MSPAANG	DNS		
-	233	NUR IRDYNA QAISARA BINTI MUHAMMAD IRWAN	VORTEX ATHLETIC SEPANG	DNS		
-	338	ROSE AIESYA BINTI RASWANIZAM	SSMT	DNS		

Heat 7

Start Time: 02:22 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	62.96		q
2	757	IZZATUL NADIRA BINTI JAAFAR	SUKMA JOHOR	66.79		
3	1184	NUR ATHIRAH NAJIHAH BINTI ABDULLAH	MSPAANG	68.58		
4	605	NUR DAYANA SAFIYAH BINTI ABDUL MUHAIMIN	SSTMI	70.21		
5	641	WONG JIE SI	KC PEGASUS	71.22		
6	999	MIA ERYNA BINTI ABD SAMAD	WIJUARA	73.48		
7	497	AINA BATRISYA	MSN SELANGOR	74.06		



RESULT

Heat 8

Start Time: 02:26 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	380	CHANDRAMATHI A/P JAYAM	SUKMA PERAK	63.46		q
2	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	64.27		
3	503	Devaloshini a/p Balamurugan	MSN SELANGOR	67.21		
4	1627	NUR AINA SYAKIRA BINTI MOHD RAFIZAN	POAT	71.06		
5	642	LOO SHIN YI	KC PEGASUS	75.28		
6	286	DHIA ALISHA GOH BINTI MUHAMMAD GOH	KELAB OLAHRAGA BP	85.65		
-	1001	MIA ERYNA BINTI ABD SAMAD	WIJUARA	DNS		
-	606	DHIYA INSYIRAH BINTI MUHAMMAD FITRI	SSTMI	DNS		

Heat 9

Start Time: 02:30 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1004	SHANJANAA G VELAN	WIJUARA	60.22		q
2	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	60.68		q
3	506	Suchita a/p Monogar	MSN SELANGOR	63.20		q
4	761	LASHINYAA A/P LOGANATHAN	SUKMA JOHOR	64.57		
5	1188	A'ISYAH BINTI MOHAMAD KAMAL	MSPAANG	65.93		
6	609	DURRANI NURSOFEA BINTI MOHD FADIR	SSTMI	70.85		
7	288	KHAIRIN SOFEA ZARQA BINTI MUHAMAD MADIHUN	KELAB OLAHRAGA BP	77.69		
8	704	LENEESHA NAGARAJAN	BCH RUNNERS	81.27		



RESULT

Heat 10

Start Time: 02:35 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1187	QAISARA ADLINA BINTI RAHIMI	MSPAANG	65.13		
2	381	KOMATY A/P MURUGESAN	SUKMA PERAK	68.50		
3	615	NUR DAMIA DARWIESYAH BINTI RADDIN	SSTMI	71.81		
4	1164	YAAKSHA NAIR PREM	MBPJ	78.31		
5	241	TEY WEI WEI	SMJK CONFUCIAN	91.93		
6	934	NUR ELYSHA MAISARA BINTI SAHRIN	SP ATHLETICS	93.10		
-	998	NUR HAIDA SHAZIRA BINTI AHMAD HASROL	WIJUARA	DNS		

Approved by TD:

Technical Delegate (Signature & Name)

Date: _____



RESULT

400 METER (WANITA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	9	1004	SHANJANAA G VELAN	WIJUARA	60.22	q
2	9	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	60.68	q
3	5	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	61.06	q
4	1	382	QASEY AIMY BINTI MOHD NOR HAIZAT	SUKMA PERAK	62.75	q
5	7	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	62.96	q
6	9	506	Suchita a/p Monogar	MSN SELANGOR	63.20	q
7	8	380	CHANDRAMATHI A/P JAYAM	SUKMA PERAK	63.46	q
8	4	181	SITI ROKIAH HASHIM	KEDAH	63.91	q
9	8	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	64.27	
10	2	612	NURUL LIYANA BINTI MUHAMMAD FITRI MICHAEL	SSTMI	64.54	
11	9	761	LASHINYAA A/P LOGANATHAN	SUKMA JOHOR	64.57	
12	4	574	DAMIA QAISARA BINTI BAHTIAR	TITAN ATHLETICS	65.00	
13	10	1187	QAISARA ADLINA BINTI RAHIMI	MSPAANG	65.13	
14	6	454	KHAIRAN KATHIRAH BINTI JAFFRI	NEGERI SEMBILAN	65.24	
15	4	742	GEETHA A/P SIVARAJA	SUKMA JOHOR	65.71	
16	4	426	ZIA ALISYA BINTI MOHAMAD FAIRUZ	KAWAN ATHLETICS	65.83	
16	3	308	NUR IZZATIE AYUNI BINTI MOHD FAIZAL	SMK BUKIT NENAS	65.83	
18	9	1188	A'ISYAH BINTI MOHAMAD KAMAL	MSPAANG	65.93	
19	1	1005	NURUL FATIMAH AMARA BINTI ABDULLAH	WIJUARA	66.15	
20	2	1010	NUR IRDINA SYAUQINA BINTI GHAZALI	WIJUARA	66.75	
21	7	757	IZZATUL NADIRA BINTI JAAFAR	SUKMA JOHOR	66.79	
22	3	613	PUTERI NUR QAISARAH BINTI HASRUL SAIFUL	SSTMI	66.81	



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Rank	Heat	Bib	Name	Team	Result	Remark
23	8	503	Devaloshini a/p Balamurugan	MSN SELANGOR	67.21	
24	6	745	ANIS BATRISYAH BINTI NORIEZAD	SUKMA JOHOR	67.43	
25	5	744	NURUL KHALIESAH BINTI MOHD. FAUZI	SUKMA JOHOR	67.67	
26	10	381	KOMATY A/P MURUGESAN	SUKMA PERAK	68.50	
27	7	1184	NUR ATHIRAH NAJIAH BINTI ABDULLAH	MSPAANG	68.58	
28	6	1678	SITI NUR AZREEN BINTI MOHD AZMI	POAT	68.59	
29	4	1135	SIVAPRIYA	MBPJ	68.94	
30	1	507	Nur Aleeya Batrisya Binti Muhamad Hafizi	MSN SELANGOR	69.28	
31	3	883	NUR MIRZA AZALIA BT AMIR	SAAS ATHLETICS	69.39	
32	5	995	NUR HAIDA SHAZIRA BINTI AHMAD HASROL	WIJUARA	69.40	
33	7	605	NUR DAYANA SAFIYYAH BINTI ABDUL MUHAIMIN	SSTMI	70.21	
33	5	206	AISYAH NOR HABRIYAH BINTI ARIFFUDDIN	COACH KENEY RUN CLINIQUE	70.21	
35	9	609	DURRANI NURSOFEA BINTI MOHD FADIR	SSTMI	70.85	
36	8	1627	NUR AINA SYAKIRA BINTI MOHD RAFIZAN	POAT	71.06	
37	7	641	WONG JIE SI	KC PEGASUS	71.22	
38	10	615	NUR DAMIA DARWIESYAH BINTI RADDIN	SSTMI	71.81	
39	6	618	NUR SYANAJIMAH BINTI MOHD HANAFI	SSTMI	71.91	
40	5	310	NUR NABILAH BALQIS BINTI MOHD ROZI	SMK BUKIT NENAS	71.96	
41	1	125	NUR IZDIHAR BINTI IBRAHIM	RED GIANT PARA ATHLETICS CLUB	73.12	
42	7	999	MIA ERYNA BINTI ABD SAMAD	WIJUARA	73.48	
43	7	497	AINA BATRISYA	MSN SELANGOR	74.06	
44	3	565	NUR ALESYA QAISARA BINTI MOHD FAISOL	KELAB OLAHRAGA SHAHSARA	74.35	
45	2	177	NURSUAIDAH ASYIQIN BINTI MOHD YATIM	PANTHER ATHLETIC CLUB	74.53	
46	8	642	LOO SHIN YI	KC PEGASUS	75.28	



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Rank	Heat	Bib	Name	Team	Result	Remark
47	3	727	SANGKAMITRA A/P KUMARACHELVAN	M.A.G	75.38	
48	5	430	KHANAGHE LOHSHINI A/P KUMARA VADIVAE LAN	KAWAN ATHLETICS	75.52	
49	2	564	THESHNASHRI SARGUNAN	KELAB OLAHRAGA SHAHSARA	75.81	
50	6	604	DHIA ADIRA NAFISA BINTI ABDULLAH	SSTMI	76.80	
51	1	822	PUVITHRA RAHJ	PANDAN PERDANA RUNNING CLUB	77.31	
52	9	288	KHAIRIN SOFEA ZARQA BINTI MUHAMAD MADIHUN	KELAB OLAHRAGA BP	77.69	
53	4	309	MYA NAZMIRA BINTI ZAINADI	SMK BUKIT NENAS	78.07	
54	10	1164	YAAKSHA NAIR PREM	MBPJ	78.31	
54	5	1151	Nur Damia Adira Binti Norazhar	AMJAY	78.31	
56	4	1672	CHAU JYNN JYNN	TEAM COACH FAROUK	78.90	
57	2	424	ONG RAEYEN	KAWAN ATHLETICS	79.64	
58	3	1131	MAAYA LAKSHMIE	MBPJ	80.87	
59	9	704	LENEESHA NAGARAJAN	BCH RUNNERS	81.27	
60	5	598	IBTISAM JAHEERA BT ABD SYUKUR	GOMBAK TITANZ	83.50	
61	2	291	SITI HADIRAH BINTI MOHAMAD HAFEZ	KELAB OLAHRAGA BP	83.97	
62	8	286	DHIA ALISHA GOH BINTI MUHAMMAD GOH	KELAB OLAHRAGA BP	85.65	
63	10	241	TEY WEI WEI	SMJK CONFUCIAN	91.93	
64	10	934	NUR ELYSHA MAISARA BINTI SAHRIN	SP ATHLETICS	93.10	
-	1	610	INAS SOFEA SYAHMINA BINTI MD MURAD	SSTMI	DNS	
-	1	717	HUSNA SOFEA BINTI ABDUL HAFIZ	BEECITY SQUAD	DNS	
-	10	998	NUR HAIDA SHAZIRA BINTI AHMAD HASROL	WIJUARA	DNS	
-	1	289	JOCELYN HEN SI JIA	KELAB OLAHRAGA BP	DNS	



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Rank	Heat	Bib	Name	Team	Result	Remark
-	6	1182	DINIE NUR WAZIEN KAMARUL HAMRI	MSPAHANG	DNS	
-	2	718	ALISHA ZAHRA	BEECITY SQUAD	DNS	
-	2	826	THANUSRIA A/P RENGANATHAN	PANDAN PERDANA RUNNING CLUB	DNS	
-	8	606	DHIYA INSYIRAH BINTI MUHAMMAD FITRI	SSTMI	DNS	
-	3	178	NUR FATIHAH BINTI ABDUL HAQ	PANTHER ATHLETIC CLUB	DNS	
-	3	425	KALAITHULIR LAKSHMY A/P K.RAJAKUMAR	KAWAN ATHLETICS	DNS	
-	8	1001	MIA ERYNA BINTI ABD SAMAD	WIJUARA	DNS	
-	4	614	WAN NURZAFIRA ZAHRA BINTI WAN MOHAMED ZAMRI	SSTMI	DNS	
-	6	338	ROSE AIESYA BINTI RASWANIZAM	SSMT	DNS	
-	6	233	NUR IRDYNA QAISARA BINTI MUHAMMAD IRWAN	VORTEX ATHLETIC SEPANG	DNS	

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