Results

Report generated 11 Nov 2026 14:08:23 MYT

Heat 1 Start Time: 13:54

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	382	**QASEY AIMY BINTI MOHD NOR HAIZAT**	SUKMA PERAK	3		**62.75**	q
2	1005	**NURUL FATIMAH AMARA BINTI ABDULLAH**	WIJUARA	8		**66.15**	
3	507	**Nur Aleeya Batrisya Binti Muhamad Hafizi**	MSN SELANGOR	4		**69.28**	
4	125	**NUR IZDIHAR BINTI IBRAHIM**	RED GIANT PARA ATHLETICS CLUB	1		**73.12**	
5	822	**PUVITHRA RAHJ**	PANDAN PERDANA RUNNING CLUB	7		**77.31**	
	289	**JOCELYN HEN SI JIA**	KELAB OLAHRAGA BP	2		**DNS**	
	610	**INAS SOFEA SYAHMINA BINTI MD MURAD**	SSTMI	5		**DNS**	
	717	**HUSNA SOFEA BINTI ABDUL HAFIZ**	BEECITY SQUAD	6		**DNS**	

Heat 2 Start Time: 13:58

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	612	**NURUL LIYANA BINTI MUHAMMAD FITRI MICHAEL**	SSTMI	5		**64.54**	
2	1010	**NUR IRDINA SYAUQINA BINTI GHAZALI**	WIJUARA	8		**66.75**	
3	177	**NURSUAIDAH ASYIQIN BINTI MOHD YATIM**	PANTHER ATHLETIC CLUB	1		**74.53**	
4	564	**THESHNASHRI SARGUNAN**	KELAB OLAHRAGA SHAHSARA	4		**75.81**	
5	424	**ONG RAEYEN**	KAWAN ATHLETICS	3		**79.64**	
6	291	**SITI HADIRAH BINTI MOHAMAD HAFEZ**	KELAB OLAHRAGA BP	2		**83.97**	
	718	**ALISHA ZAHRA**	BEECITY SQUAD	6		**DNS**	
	826	**THANUSRIA A/P RENGANATHAN**	PANDAN PERDANA RUNNING CLUB	7		**DNS**	

Heat 3 Start Time: 14:03

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	308	**NUR IZZATIE AYUNI BINTI MOHD FAIZAL**	SMK BUKIT NENAS	2		**65.83**	
2	613	**PUTERI NUR QAISARAH BINTI HASRUL SAIFUL**	SSTMI	5		**66.81**	
3	883	**NUR MIRZA AZALIA BT AMIR**	SAAS ATHLETICS	7		**69.39**	

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Timing & Results provided by INNOTEX

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Rk	Bib	Name	Team	Lane	R.Time	Result	Note
4	565	**NUR ALESYA QAISARA BINTI MOHD FAISOL**	KELAB OLAHRAGA SHAHSARA	4		**74.35**	
5	727	**SANGKAMITRA A/P KUMARACHELVAN**	M.A.G	6		**75.38**	
6	1131	**MAAYA LAKSHMIE**	MBPJ	8		**80.87**	
	178	**NUR FATIHAH BINTI ABDUL HAQ**	PANTHER ATHLETIC CLUB	1		**DNS**	
	425	**KALAITHULIR LAKSHMY A/P K.RAJAKUMAR**	KAWAN ATHLETICS	3		**DNS**	

Heat 4 Start Time: 14:08

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	181	**SITI ROKIAH HASHIM**	KEDAH	8		**63.91**	q
2	574	**DAMIA QAISARA BINTI BAHTIAR**	TITAN ATHLETICS	5		**65.00**	
3	742	**GEETHA A/P SIVARAJA**	SUKMA JOHOR	7		**65.71**	
4	426	**ZIA ALISYA BINTI MOHAMAD FAIRUZ**	KAWAN ATHLETICS	3		**65.83**	
5	1135	**SIVAPRIYA**	MBPJ	4		**68.94**	
6	309	**MYA NAZMIRA BINTI ZAINADI**	SMK BUKIT NENAS	2		**78.07**	
7	1672	**CHAU JYNN JYNN**	TEAM COACH FAROUK	1		**78.90**	
	614	**WAN NURZAFIRA ZAHRA BINTI WAN MOHAMED ZAMRI**	SSTMI	6		**DNS**	

Heat 5 Start Time: 14:12

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	1625	**IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA**	POAT	1		**61.06**	q
2	744	**NURUL KHALIESAH BINTI MOHD. FAUZI**	SUKMA JOHOR	6		**67.67**	
3	995	**NUR HAIDA SHAZIRA BINTI AHMAD HASROL**	WIJUARA	7		**69.40**	
4	206	**AISYAH NOR HABRIYAH BINTI ARIFFUDDIN**	COACH KENEY RUN CLINIQUE	2		**70.21**	
5	310	**NUR NABILAH BALQIS BINTI MOHD ROZI**	SMK BUKIT NENAS	3		**71.96**	
6	430	**KHANAGHE LOHSHINI A/P KUMARA VADIVAELAN**	KAWAN ATHLETICS	4		**75.52**	
7	1151	**Nur Damia Adira Binti Norazhar**	AMJAY	8		**78.31**	
8	598	**IBTISAM JAHEERA BT ABD SYUKUR**	GOMBAK TITANZ	5		**83.50**	

Heat 6 Start Time: 14:17

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Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	454	**KHAIRAN KATHIRAH BINTI JAFFRI**	NEGERI SEMBILAN	6		**65.24**	
2	745	**ANIS BATRISYAH BINTI NORIEZAD**	SUKMA JOHOR	8		**67.43**	
3	1678	**SITI NUR AZREEN BINTI MOHD AZMI**	POAT	1		**68.59**	
4	618	**NUR SYANAJIMAH BINTI MOHD HANAFI**	SSTMI	7		**71.91**	
5	604	**DHIA ADIRA NAFISA BINTI ABDULLAH**	SSTMI	3		**76.80**	
	1182	**DINIE NUR WAZIEN KAMARUL HAMRI**	MSPAHANG	2		**DNS**	
	233	**NUR IRDYNA QAISARA BINTI MUHAMMAD IRWAN**	VORTEX ATHLETIC SEPANG	4		**DNS**	
	338	**ROSE AIESYA BINTI RASWANIZAM**	SSMT	5		**DNS**	

Heat 7 Start Time: 14:22

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	354	**NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR**	SSMT	2		**62.96**	q
2	757	**IZZATUL NADIRA BINTI JAAFAR**	SUKMA JOHOR	6		**66.79**	
3	1184	**NUR ATHIRAH NAJIHAH BINTI ABDULLAH**	MSPAHANG	8		**68.58**	
4	605	**NUR DAYANA SAFIYYAH BINTI ABDUL MUHAIMIN**	SSTMI	4		**70.21**	
5	641	**WONG JIE SI**	KC PEGASUS	5		**71.22**	
6	999	**MIA ERYNA BINTI ABD SAMAD**	WIJUARA	7		**73.48**	
7	497	**AINA BATRISYA**	MSN SELANGOR	3		**74.06**	

Heat 8 Start Time: 14:26

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	380	**CHANDRAMATHI A/P JAYAM**	SUKMA PERAK	6		**63.46**	q
2	760	**NUR ZALIFAH HALISYA BINTI A.HALIM**	SUKMA JOHOR	3		**64.27**	
3	503	**Devaloshini a/p Balamurugan**	MSN SELANGOR	7		**67.21**	
4	1627	**NUR AINA SYAKIRA BINTI MOHD RAFIZAN**	POAT	1		**71.06**	
5	642	**LOO SHIN YI**	KC PEGASUS	2		**75.28**	
6	286	**DHIA ALISHA GOH BINTI MUHAMMAD GOH**	KELAB OLAHRAGA BP	5		**85.65**	
	1001	**MIA ERYNA BINTI ABD SAMAD**	WIJUARA	4		**DNS**	
	606	**DHIYA INSYIRAH BINTI MUHAMMAD FITRI**	SSTMI	8		**DNS**	

Heat 9 Start Time: 14:30

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	1004	**SHANJANAA G VELAN**	WIJUARA	4		**60.22**	q

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Rk	Bib	Name	Team	Lane	R.Time	Result	Note
2	1626	**NOR ALIYA NAJIHAH BINTI MUDA**	POAT	1		**60.68**	q
3	506	**Suchita a/p Monogar**	MSN SELANGOR	2		**63.20**	q
4	761	**LASHINYAA A/P LOGANATHAN**	SUKMA JOHOR	6		**64.57**	
5	1188	**A'ISYAH BINTI MOHAMAD KAMAL**	MSPAHANG	7		**65.93**	
6	609	**DURRANI NURSOFEA BINTI MOHD FADIR**	SSTMI	3		**70.85**	
7	288	**KHAIRIN SOFEA ZARQA BINTI MUHAMAD MADIHUN**	KELAB OLAHRAGA BP	8		**77.69**	
8	704	**LENEESHA NAGARAJAN**	BCH RUNNERS	5		**81.27**	

Heat 10 Start Time: 14:35

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	1187	**QAISARA ADLINA BINTI RAHIMI**	MSPAHANG	5		**65.13**	
2	381	**KOMATY A/P MURUGESAN**	SUKMA PERAK	4		**68.50**	
3	615	**NUR DAMIA DARWIESYAH BINTI RADDIN**	SSTMI	8		**71.81**	
4	1164	**YAAKSHA NAIR PREM**	MBPJ	3		**78.31**	
5	241	**TEY WEI WEI**	SMJK CONFUCIAN	6		**91.93**	
6	934	**NUR ELYSHA MAISARA BINTI SAHRIN**	SP ATHLETICS	2		**93.10**	
	998	**NUR HAIDA SHAZIRA BINTI AHMAD HASROL**	WIJUARA	7		**DNS**	

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400 METER (WANITA) - Heats

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	9	1004	SHANJANAA G VELAN	WIJUARA	60.22	q
2	9	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	60.68	q
3	5	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	61.06	q
4	1	382	QASEY AIMY BINTI MOHD NOR HAIZAT	SUKMA PERAK	62.75	q
5	7	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	62.96	q
6	9	506	Suchita a/p Monogar	MSN SELANGOR	63.20	q
7	8	380	CHANDRAMATHI A/P JAYAM	SUKMA PERAK	63.46	q
8	4	181	SITI ROKIAH HASHIM	KEDAH	63.91	q
9	8	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	64.27	
10	2	612	NURUL LIYANA BINTI MUHAMMAD FITRI MICHAEL	SSTMI	64.54	
11	9	761	LASHINYAA A/P LOGANATHAN	SUKMA JOHOR	64.57	
12	4	574	DAMIA QAISARA BINTI BAHTIAR	TITAN ATHLETICS	65.00	
13	10	1187	QAISARA ADLINA BINTI RAHIMI	MSPAHANG	65.13	
14	6	454	KHAIRAN KATHIRAH BINTI JAFFRI	NEGERI SEMBILAN	65.24	
15	4	742	GEETHA A/P SIVARAJA	SUKMA JOHOR	65.71	
16	4	426	ZIA ALISYA BINTI MOHAMAD FAIRUZ	KAWAN ATHLETICS	65.83	
16	3	308	NUR IZZATIE AYUNI BINTI MOHD FAIZAL	SMK BUKIT NENAS	65.83	
18	9	1188	A'ISYAH BINTI MOHAMAD KAMAL	MSPAHANG	65.93	
19	1	1005	NURUL FATIMAH AMARA BINTI ABDULLAH	WIJUARA	66.15	
20	2	1010	NUR IRDINA SYAUQINA BINTI GHAZALI	WIJUARA	66.75	
21	7	757	IZZATUL NADIRA BINTI JAAFAR	SUKMA JOHOR	66.79	
22	3	613	PUTERI NUR QAISARAH BINTI HASRUL SAIFUL	SSTMI	66.81	
23	8	503	Devaloshini a/p Balamurugan	MSN SELANGOR	67.21	
24	6	745	ANIS BATRISYAH BINTI NORIEZAD	SUKMA JOHOR	67.43	
25	5	744	NURUL KHALIESAH BINTI MOHD. FAUZI	SUKMA JOHOR	67.67	
26	10	381	KOMATY A/P MURUGESAN	SUKMA PERAK	68.50	
27	7	1184	NUR ATHIRAH NAJIHAH BINTI ABDULLAH	MSPAHANG	68.58	
28	6	1678	SITI NUR AZREEN BINTI MOHD AZMI	POAT	68.59	
29	4	1135	SIVAPRIYA	MBPJ	68.94	
30	1	507	Nur Aleeya Batrisya Binti Muhamad Hafizi	MSN SELANGOR	69.28	
31	3	883	NUR MIRZA AZALIA BT AMIR	SAAS ATHLETICS	69.39	

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32	5	995	NUR HAIDA SHAZIRA BINTI AHMAD HASROL	WIJUARA	69.40	
33	7	605	NUR DAYANA SAFIYYAH BINTI ABDUL MUHAIMIN	SSTMI	70.21	
33	5	206	AISYAH NOR HABRIYAH BINTI ARIFFUDDIN	COACH KENEY RUN CLINIQUE	70.21	
35	9	609	DURRANI NURSOFEA BINTI MOHD FADIR	SSTMI	70.85	
36	8	1627	NUR AINA SYAKIRA BINTI MOHD RAFIZAN	POAT	71.06	
37	7	641	WONG JIE SI	KC PEGASUS	71.22	
38	10	615	NUR DAMIA DARWIESYAH BINTI RADDIN	SSTMI	71.81	
39	6	618	NUR SYANAJIMAH BINTI MOHD HANAFI	SSTMI	71.91	
40	5	310	NUR NABILAH BALQIS BINTI MOHD ROZI	SMK BUKIT NENAS	71.96	
41	1	125	NUR IZDIHAR BINTI IBRAHIM	RED GIANT PARA ATHLETICS CLUB	73.12	
42	7	999	MIA ERYNA BINTI ABD SAMAD	WIJUARA	73.48	
43	7	497	AINA BATRISYA	MSN SELANGOR	74.06	
44	3	565	NUR ALESYA QAISARA BINTI MOHD FAISOL	KELAB OLAHRAGA SHAHSARA	74.35	
45	2	177	NURSUAIDAH ASYIQIN BINTI MOHD YATIM	PANTHER ATHLETIC CLUB	74.53	
46	8	642	LOO SHIN YI	KC PEGASUS	75.28	
47	3	727	SANGKAMITRA A/P KUMARACHELVAN	M.A.G	75.38	
48	5	430	KHANAGHE LOHSHINI A/P KUMARA VADIVAELAN	KAWAN ATHLETICS	75.52	
49	2	564	THESHNASHRI SARGUNAN	KELAB OLAHRAGA SHAHSARA	75.81	
50	6	604	DHIA ADIRA NAFISA BINTI ABDULLAH	SSTMI	76.80	
51	1	822	PUVITHRA RAHJ	PANDAN PERDANA RUNNING CLUB	77.31	
52	9	288	KHAIRIN SOFEA ZARQA BINTI MUHAMAD MADIHUN	KELAB OLAHRAGA BP	77.69	
53	4	309	MYA NAZMIRA BINTI ZAINADI	SMK BUKIT NENAS	78.07	
54	10	1164	YAAKSHA NAIR PREM	MBPJ	78.31	
54	5	1151	Nur Damia Adira Binti Norazhar	AMJAY	78.31	
56	4	1672	CHAU JYNN JYNN	TEAM COACH FAROUK	78.90	
57	2	424	ONG RAEYEN	KAWAN ATHLETICS	79.64	
58	3	1131	MAAYA LAKSHMIE	MBPJ	80.87	
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62	8	286	DHIA ALISHA GOH BINTI MUHAMMAD GOH	KELAB OLAHRAGA BP	85.65	
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64	10	934	NUR ELYSHA MAISARA BINTI SAHRIN	SP ATHLETICS	93.10	
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-	1	717	HUSNA SOFEA BINTI ABDUL HAFIZ	BEECITY SQUAD	DNS	
-	10	998	NUR HAIDA SHAZIRA BINTI AHMAD HASROL	WIJUARA	DNS	
-	1	289	JOCELYN HEN SI JIA	KELAB OLAHRAGA BP	DNS	
-	6	1182	DINIE NUR WAZIEN KAMARUL HAMRI	MSPAHANG	DNS	
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-	8	1001	MIA ERYNA BINTI ABD SAMAD	WIJUARA	DNS	
-	4	614	WAN NURZAFIRA ZAHRA BINTI WAN MOHAMED ZAMRI	SSTMI	DNS	
-	6	338	ROSE AIESYA BINTI RASWANIZAM	SSMT	DNS	
-	6	233	NUR IRDYNA QAISARA BINTI MUHAMMAD IRWAN	VORTEX ATHLETIC SEPANG	DNS	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

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