

RESULT

109 - 400m Lelaki - Heats

Records	Result	Name	Team	Date	vanue
National Record NR				0000	

Heat 1

Start Time: 09:54 am

Pos	Bib	Athlete	Team	Result	React	Remark
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Heat 2

Start Time: 10:02 am

Pos	Bib	Athlete	Team	Result	React	Remark
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Heat 3

Start Time: 10:09 am

Pos	Bib	Athlete	Team	Result	React	Remark
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Heat 4

Start Time: 10:14 am

Pos	Bib	Athlete	Team	Result	React	Remark
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Heat 5

Start Time: 10:21 am

Pos	Bib	Athlete	Team	Result	React	Remark
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Heat 6

Start Time: 10:26 am

Pos	Bib	Athlete	Team	Result	React	Remark
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Approved by TD:

Technical Delegate (Signature & Name)

Date: _____

RESULT

400m Lelaki

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	2	507		PERAK	49.87	q
2	1	124		KOM	50.33	q
3	5	216		TERENGGANU	50.53	q
4	5	398		HELP UNIVERSITY	51.39	q
5	4	464		KELAB OLAHRAGA GARUDA	51.43	q
6	3	220		TERENGGANU	52.19	q
7	2	415		LANG HIJAU	53.15	q
8	5	428		LANG HIJAU	53.41	q
9	2	277		MS DEAF	53.53	
10	3	373		PERLIS A	53.87	
11	2	489		SELANGOR	53.95	
12	2	437		SSN KEDAH	54.18	
13	1	188		SMK BUKHARY	54.52	
14	5	227		UNIMAP	54.65	
15	1	377		PERLIS A	55.00	
16	5	495		SELANGOR	55.07	
17	5	169		MI ATHLETICS	55.37	
18	1	213		SSM PAHANG	55.55	
19	3	500		SELANGOR	55.79	
20	6	385		PERLIS B	55.87	
21	2	191		SMK BUKHARY	57.49	
22	1	384		PERLIS B	57.97	
23	4	345		ATM	58.54	

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Rank	Heat	Bib	Name	Team	Result	Remark
24	3	192		SMK BUKHARY	59.10	
25	4	195		SMK BUKHARY	59.20	
26	3	297		IPGMPP	59.33	
27	3	168		MI ATHLETICS	59.99	
28	1	170		MI ATHLETICS	60.22	
29	4	214		SSM PAHANG	61.06	
30	4	194		SMK BUKHARY	61.62	
31	6	190		SMK BUKHARY	64.21	
32	5	193		SMK BUKHARY	64.52	
33	2	477		TAR.MLD PERLIS	66.88	
-	4	465		KPTM KUANTAN	DNS	
-	2	308		PLMSD K.SELANGOR	DNS	
-	4	135		MAKSAK PERLIS	DNS	
-	3	481		SELANGOR	DNS	

Approved by TD:

Technical Delegate (Signature & Name)
Date: _____

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