

109 400m Men - Heats

RECORD		RESULT	NAME	TEAM		
NATIONAL RECORD		NR	46.09			
HEAT : 1 OF 5				START TIME : 10:11 AM		
RANK	BIB	ATHLETE	TEAM	RESULT	REACT	REMARK
1	269	MUHAMMAD SYAKIR DANIEL BIN FAUZI	TERENGGANU	48.93		
2	324	MUHAMMAD KHALIL B. HELMI	SABAH	49.78		
3	383	WILLS HARNESY ANAK GINDAL	JOHOR	50.49		
4	367	WAN MOHD AL-HAFIZ BIN WAN MOHD KOZANI	KELANTAN	50.84		
5	155	WAN KHAIRUL IMAN BIN WAN ROMELI	PAHANG	54.24		
6	317	MUHAMMAD SYAKIR BIN AZMI	KEDAH	54.31		
-	260	MUHAMMAD DANIAL ASYRAF B SHAMSUDDIN	SELANGOR	DNS		
HEAT : 2 OF 5				START TIME : 10:19 AM		
RANK	BIB	ATHLETE	TEAM	RESULT	REACT	REMARK
1	222	RUSSEL BRYAN ANAK CHRISTIE	SARAWAK	49.07		
2	263	RAAM KUMAR A/L MUTHUKUMARAN	SINGAPORE AA	50.44		
3	297	RAIS RAZIQ BIN MUSTAPHA KAMAL	WIL. PERSEKUTUAN	50.57		
4	337	MUHAMMAD SAIFUL SAFWAN BIN SAIFUDDIN	ATM	51.02		
5	204	AHMAD ZAID BIN ABAS	NEGERI SEMBILAN	52.37		
6	314	MUHAMMAD FIRDAUS BIN ZAINUN	KEDAH	53.93		
7	147	MUHAMMAD FIKRI HAKIM B. JEMIZAN	PAHANG	55.09		
HEAT : 3 OF 5				START TIME : 10:25 AM		
RANK	BIB	ATHLETE	TEAM	RESULT	REACT	REMARK
1	307	UMAR BIN OSMAN	MSN	48.61		
2	268	MUHAMMAD IRFAN BIN ZAKARIA	TERENGGANU	51.27		
3	225	MOHAMMAD RAMDHANI AZANI BIN ROSLIE	SARAWAK	62.47		
-	167	MUHAMMAD AQIL HAIL BIN MOHD RIDZUAN	PAHANG	DNS		
-	184	MUHAMMAD SAYYID AMIN BIN ROSLAN	PULAU PINANG	DNS		
-	118	MUHAMMAD AIDIL AZHAR BIN AZRUL HISYAM	MELAKA	DNS		
-	160	SHAHRUL AMRI BIN ZULKIFLI	PAHANG	DNS		
HEAT : 4 OF 5				START TIME : 10:32 AM		
RANK	BIB	ATHLETE	TEAM	RESULT	REACT	REMARK
1	378	MOHAMAD AKMAL HAZIQ BIN MOHD ZAHARI	JOHOR	49.90		
2	190	AHMAD AMIR AIMAN B. MOHD KAMARUDDIN	PERAK	49.96		
3	142	MUHAMMAD ARIEF SYAHREZA	PAHANG	51.51		
4	214	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	51.88		
5	271	MUHAMMAD AZIF IKHFAN	TERENGGANU	52.48		
6	315	MOHAMMAD HAZIM AZFAR BIN MOHAMMAD HAFIZ	KEDAH	54.17		
7	129	VIVIAN SANJAY A/L MICHEAL	MELAKA	54.98		
HEAT : 5 OF 5				START TIME : 10:39 AM		
RANK	BIB	ATHLETE	TEAM	RESULT	REACT	REMARK
1	352	LUQMANUL HAKIM BIN KHAIRUL AKMAL	ATM	48.42		
2	189	KANISHKANN A/L NATHAN	PERAK	49.02		
3	223	AKMAL AQQILLA BIN SELAMAT	SARAWAK	49.97		
4	358	MUHAMAD SYAZWAN BIN MOHD SAUFI	KELANTAN	50.68		
5	380	EMMET ZARIQ SHAH BIN AZRUL IZAHARRUDIN SHAH	JOHOR	51.10		
-	171	IFWAD HAIDHAR BIN MOHD ROSDI	PAHANG	DNS		

OUR PARTNERS



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OFFICIAL						
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1	5	352	LUQMANUL HAKIM BIN KHAIRUL AKMAL	ATM	48.42	
2	3	307	UMAR BIN OSMAN	MSN	48.61	
3	1	269	MUHAMMAD SYAKIR DANIEL BIN FAUZI	TERENGGANU	48.93	
4	5	189	KANISHKANN A/L NATHAN	PERAK	49.02	
5	2	222	RUSSEL BRYAN ANAK CHRISTIE	SARAWAK	49.07	
6	1	324	MUHAMMAD KHALIL B. HELMI	SABAH	49.78	
7	4	378	MOHAMAD AKMAL HAZIQ BIN MOHD ZAHARI	JOHOR	49.90	
8	4	190	AHMAD AMIR AIMAN B. MOHD KAMARUDDIN	PERAK	49.96	
9	5	223	AKMAL AQQILLA BIN SELAMAT	SARAWAK	49.97	
10	2	263	RAAM KUMAR A/L MUTHUKUMARAN	SINGAPORE AA	50.44	
11	1	383	WILLS HARNESSY ANAK GINDAL	JOHOR	50.49	
12	2	297	RAIS RAZIQ BIN MUSTAPHA KAMAL	WIL. PERSEKUTUAN	50.57	
13	5	358	MUHAMAD SYAZWAN BIN MOHD SAUFI	KELANTAN	50.68	
14	1	367	WAN MOHD AL-HAFIZ BIN WAN MOHD KOZANI	KELANTAN	50.84	
15	2	337	MUHAMMAD SAIFUL SAFWAN BIN SAIFUDDIN	ATM	51.02	
16	5	380	EMMET ZARIQ SHAH BIN AZRUL IZAHARRUDIN SHAH	JOHOR	51.10	
17	3	268	MUHAMMAD IRFAN BIN ZAKARIA	TERENGGANU	51.27	
18	4	142	MUHAMMAD ARIEF SYAHREZA	PAHANG	51.51	
19	4	214	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	51.88	
20	2	204	AHMAD ZAID BIN ABAS	NEGERI SEMBILAN	52.37	
21	4	271	MUHAMMAD AZIF IKHFAN	TERENGGANU	52.48	
22	2	314	MUHAMMAD FIRDAUS BIN ZAINUN	KEDAH	53.93	
23	4	315	MOHAMMAD HAZIM AZFAR BIN MOHAMMAD HAFIZ	KEDAH	54.17	
24	1	155	WAN KHAIRUL IMAN BIN WAN ROMELI	PAHANG	54.24	
25	1	317	MUHAMMAD SYAKIR BIN AZMI	KEDAH	54.31	
26	4	129	VIVIAN SANJAY A/L MICHEAL	MELAKA	54.98	
27	2	147	MUHAMMAD FIKRI HAKIM B. JEMIZAN	PAHANG	55.09	
28	3	225	MOHAMMAD RAMDHANI AZANI BIN ROSLIE	SARAWAK	62.47	
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-	5	171	IFWAD HAIDHAR BIN MOHD ROSDI	PAHANG	DNS	
-	3	167	MUHAMMAD AQIL HAIL BIN MOHD RIDZUAN	PAHANG	DNS	
-	3	160	SHAHRUL AMRI BIN ZULKIFLI	PAHANG	DNS	
-	3	118	MUHAMMAD AIDIL AZHAR BIN AZRUL HISYAM	MELAKA	DNS	
-	1	260	MUHAMMAD DANIAL ASYRAF B SHAMSUDDIN	SELANGOR	DNS	

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