

RESULT

108 - 5000m Lelaki - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 06:11 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	282	JAYVIND A/L THANABALAN	PONS	16:04.39		
2	351	KARTHIK A/L RATNAM	PAHANG	16:20.54		
3	169	MUHAMMAD HAZIQ	MSN SELANGOR	16:40.42		
4	596	MUHAMMAD ZAFRAN BIN MOHD AZIZOL	WIJUARA	16:51.03		
5	417	RYAN VICTOR BIGGER	SARAWAK	16:51.17		
6	146	AHMAD ADLIE IRSYAD BIN AHMAD IKMAL	MSN SELANGOR	16:51.83		
7	297	IMAAAN AYDIN UMAIR BIN LUQMAN HAKIM	PONS	16:52.97		
8	158	ANG CHERN YANG	MSN SELANGOR	16:58.99		
9	525	HARITH DANIAL BIN NORSHAHIZAN	SUKMA JOHOR	17:04.25		
10	345	YUE MUN HEW	PAHANG	17:04.43		
11	346	WAN MUHAMMAD ASHRIEL BIN WAN MAZLAN	PAHANG	17:18.90		
12	258	LUQMAN NURHAKIM BIN MOHAMAD	KGR	17:19.82		
13	590	MUHAMMAD HARIZ BIN MUHAMAD MAZUAN	WIJUARA	17:49.39		
14	595	MUHAMMAD SHAHRIL IRFAN B. MOHD SHAH RIMAN	WIJUARA	17:57.28		
15	256	MUHAMMAD SYAMIL BIN SUHARDI	KGR	18:13.58		
16	3	AHMAD RAYYAN BIN NOORZAIRIN	RYAN RUNNER	18:17.64		
17	418	BRANDON GALAU ANAK NELSON	SARAWAK	18:18.19		
18	162	TEE SHEA KHAI	MSN SELANGOR	18:27.92		
19	198	SHEVENDRA SARAVANAN	MBPJ	19:14.02		
20	257	AMMAR MIKAEL MUKHLASIEN B. MOHD NORHEFI	KGR	19:20.53		
21	316	Wiraputra Dass	COACH KENEY RUN CLINIC	19:50.67		



RESULT

Heat 1

Start Time: 06:11 pm

Pos	Bib	Athlete	Team	Result	React	Remark
-	259	RISSHE GEHSAN MATHIALAGAN	BEBAS (RISSHE GEHSAN)	DNF		
-	580	LOO KENG SHANE	WIJUARA	DNF		
-	6	LOO KENG SHANE	W RUNNING TEAM	DNS		
-	593	MUHAMMAD NURAMMAR BIN MOHAMMAD IKBAL	WIJUARA	DNS		
-	576	JED TEH QI XIAN	WIJUARA	DNS		
-	4	JED THE QI XIAN	W RUNNING TEAM	DNS		

Approved by TD:

Technical Delegate (Signature & Name)

Date: _____

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Date: _____