

## RESULT

### 107 - 5000m Lelaki - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 09:25 am				
Pos	Bib	Athlete	Team	Result	React	Remark
1	437	VASHANTH A/L PUTHISIRAMANI	MSN PAHANG	<b>17:08.72</b>		
2	425	MUHAMMAD HARIZ BIN MUHAMAD MAZUAN	WIJUARA	<b>17:09.74</b>		
3	480	POVEN KUMAR A/L MUTHU	SUKMA JOHOR	<b>17:11.53</b>		
4	484	VISVA RAJ A/L PEARAM	SUKMA JOHOR	<b>17:11.55</b>		
5	100	muhamad haziq bin mohd hairol izmi	MSN SELANGOR	<b>17:47.59</b>		
6	70	ZAFEER ERFAN BIN ALI MOHAMAD	COACH KENEY RUN CLINIQUE	<b>17:56.15</b>		
7	103	ooi zhi xiang	MSN SELANGOR	<b>18:00.21</b>		
8	426	MUHAMMAD SHAHRIL IRFAN B. MOHD SHAH RIMAN	WIJUARA	<b>18:21.07</b>		
9	498	MUHAMMAD UWAIS AL QARNI BIN AHMAD NORIZRY	SMK CHERAS	<b>19:02.38</b>		
10	380	LEONG JEN XEE	LGRA	<b>19:22.70</b>		
11	325	TENGGU HADIF RIFQI	COACH KENEY RUN CLINIQUE	<b>19:41.01</b>		
12	199	ADI BIN AZAM	BEBAS	<b>19:55.61</b>		
13	71	MOHAMAD DARWISH AL IMRAN BIN ASHRAF UDDIN	COACH KENEY RUN CLINIQUE	<b>20:02.15</b>		
14	178	MUHAMMAD AL HAFIZ BIN MOHD SHAFIQ	SMK ALAM DAMAI	<b>20:29.48</b>		
15	322	DEVARUBAN KAMALENDRAN	BEBAS (DEVARUBAN)	<b>20:55.95</b>		
16	144	NIFAIL SULHI BIN SILAUDDIN	KELAB OLAMHRAGA SETIAWANGSA	<b>21:38.15</b>		
-	69	MUHAMMAD NURAMMAR BIN MOHAMMAD IKBAL	COACH KENEY RUN CLINIQUE	<b>DNF</b>		
-	420	MUHAMMAD ZAFRAN BIN AZIZOL	WIJUARA	<b>DNF</b>		



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Heat 1

Start Time: 09:25 am

Pos	Bib	Athlete	Team	Result	React	Remark
-	326	THEVYAN A/L SIVAM	COACH KENEY RUN CLINIQUE	<b>DNS</b>		
-	171	MOHAMMAD YUSUF BIN ALI	SEKOLAH SUKAN MALAYSIA SABAH	<b>DNS</b>		
-	390	PAVITHRN A/L ELANGOVAN	TEAM GAT	<b>DNS</b>		
-	288	CHAN ZHENG HAO	WESLEY METHODIST SCHOOL (PRIVATE)	<b>DNS</b>		

**Approved by TD:**

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Technical Delegate (Signature & Name)

Date: \_\_\_\_\_

**Approved by TD:**

\_\_\_\_\_  
Technical Delegate (Signature & Name)

Date: \_\_\_\_\_