Results

Report generated 29 Nov 2026 11:28:42 MYT

National Record	**51.80**	Shereen Vallabouy		2023
GAME RECORD	**56.62**	CHELSEA CASSIOPEA EVALI BOPULAS	UMS	2022

Heat 1 Start Time: 09:17

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	635	**NUR AFIQAH SAKINAH BINTI ABDUL HALIM ISMAIL**	UPM	2		**63.78**	q
2	538	**NG YU ERN**	TARUMT	6		**64.90**	
3	590	**ADRIANA BINTI SHAHRYLL NIZAM**	UPSI	7		**65.53**	
4	679	**TASHA CHIN AI JIA**	XUM	4		**71.41**	
5	666	**NORATHIRAH IZZATI BT NORIZAM**	UTHM	8		**77.55**	
6	517	**SHARIFAH UMI SYAHIRAH BINTI SAYED ABDULLAH SANI**	IIUM	3		**81.72**	
7	500	**DARISHINII A/P RAVI**	CITY	5		**97.41**	

Heat 2 Start Time: 09:24

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	592	**CHELSEA CASSIOPEA EVALI BOPULAS**	UPSI	3		**59.86**	q
2	642	**NURUL ALIAH MAISARAH BINTI NOR AZMI**	UPM	6		**60.60**	q
3	561	**DEVALOSHINI A/P BALAMURUGAN**	UKM	4		**63.87**	q
4	546	**NIA JOVIC SUAN**	POLI	7		**66.96**	
5	668	**NURUL ATHILAH IWANA BINTI MOHD HISAM**	UTHM	5		**72.37**	
6	505	**RUBINA ALEXANDER**	CITY	2		**1:50.24**	

Heat 3 Start Time: 09:30

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	550	**WAN NUR AFRINA BINTI WAN OSMAN**	POLI	7		**61.61**	q
2	521	**DANEA HUMAIRAH BT SHARYMAN SUFRY**	KKMAS	5		**63.30**	q
3	557	**TAY SHUEN MIN**	SUNWAY	3		**63.37**	q
4	511	**TEOH YU-EN**	HELP	8		**64.19**	
5	621	**NURHIDAYAH BINTI YAHYA**	UPNM	6		**68.35**	
6	518	**SYAZA ADLIENA BINTI MOHD JAZLEY**	IIUM	4		**76.88**	

Heat 4 Start Time: 09:36

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	547	**NOR MALISYA BINTI MOHD ISHAK**	POLI	4		**60.15**	q

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
2	609	**NURUL FATIMAH AMARA BINITI ABDULLAH**	UPSI	7		**64.42**	
3	565	**SITI SUWAIBAH BT ABDUL MANAF**	UKM	8		**64.67**	
4	677	**NURAINA ADRIANA BINTI NORAZMAN**	UUM	5		**67.65**	
5	514	**AMYLIA NATASHA BINTI SAIRU**	IIUM	3		**75.69**	
6	654	**PLISSIA WATI ANAK KERI**	UNISZA	6		**80.27**	
	619	**NUR FARHANIS BALQISHAH BINTI ROZAL**	UPNM	2		**DNF**	

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX

400m Wanita - Semi Final

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	2	592	CHELSEA CASSIOPEA EVALI BOPULAS	UPSI	59.86	q
2	4	547	NOR MALISYA BINTI MOHD ISHAK	POLI	60.15	q
3	2	642	NURUL ALIAH MAISARAH BINTI NOR AZMI	UPM	60.60	q
4	3	550	WAN NUR AFRINA BINTI WAN OSMAN	POLI	61.61	q
5	3	521	DANEA HUMAIRAH BT SHARYMAN SUFRY	KKMAS	63.30	q
6	3	557	TAY SHUEN MIN	SUNWAY	63.37	q
7	1	635	NUR AFIQAH SAKINAH BINTI ABDUL HALIM ISMAIL	UPM	63.78	q
8	2	561	DEVALOSHINI A/P BALAMURUGAN	UKM	63.87	q
9	3	511	TEOH YU-EN	HELP	64.19	
10	4	609	NURUL FATIMAH AMARA BINITI ABDULLAH	UPSI	64.42	
11	4	565	SITI SUWAIBAH BT ABDUL MANAF	UKM	64.67	
12	1	538	NG YU ERN	TARUMT	64.90	
13	1	590	ADRIANA BINTI SHAHRYLL NIZAM	UPSI	65.53	
14	2	546	NIA JOVIC SUAN	POLI	66.96	
15	4	677	NURAINA ADRIANA BINTI NORAZMAN	UUM	67.65	
16	3	621	NURHIDAYAH BINTI YAHYA	UPNM	68.35	
17	1	679	TASHA CHIN AI JIA	XUM	71.41	
18	2	668	NURUL ATHILAH IWANA BINTI MOHD HISAM	UTHM	72.37	
19	4	514	AMYLIA NATASHA BINTI SAIRU	IIUM	75.69	
20	3	518	SYAZA ADLIENA BINTI MOHD JAZLEY	IIUM	76.88	
21	1	666	NORATHIRAH IZZATI BT NORIZAM	UTHM	77.55	
22	4	654	PLISSIA WATI ANAK KERI	UNISZA	80.27	
23	1	517	SHARIFAH UMI SYAHIRAH BINTI SAYED ABDULLAH SANI	IIUM	81.72	
24	1	500	DARISHINII A/P RAVI	CITY	97.41	
25	2	505	RUBINA ALEXANDER	CITY	1:50.24	
-	4	619	NUR FARHANIS BALQISHAH BINTI ROZAL	UPNM	DNF	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

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