


**STADIUM BANDARAYA PULAU PINANG**
Penang Track & Field Championship 2024
13 - 14 July 2024

**Athletics**
**5000m Wanita Terbuka**
**Final**

# Results

Report generated 11 Nov 2026 11:58:33 MYT

| **Championship Record** | - |
|---|---|

**Final** Start Time: 08:42

| Rk | Bib | Name | Team | Lane | R.Time | Result | Note |
|---|---|---|---|---|---|---|---|
| **1** | 0815 | **HENG JIA YEE** | TEAM VRC | 5 | | **21:05.20** | |
| **2** | 0211 | **AINA AFIQAH** | KEDAH | 2 | | **22:03.00** | |
| **3** | 0841 | **TARSHINI A/P MARAN** | TEAM KMY | 6 | | **22:57.53** | |
| **4** | 0624 | **LIANG HUI LIM** | HAPPY RUNNING | 3 | | **27.22.96** | |
| **5** | 0219 | **LIM YAN XIN** | TEAM COACH FAROUK | 7 | | **29:14.60** | |
| | 0695 | **AMRITHAA POOVENDREN** | MYFA ATHLETICS | 4 | | **DNF** | |
| | 0011 | **TIFFANY SOH BENG CHU** | SELANGOR TEAM | 1 | | **DNS** | |

**Approved by TD:**

Technical Delegate Signature

Name: _____

Date: _____

**Legend:** Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

**Timing & Results provided by INNOTEX**