Results

Report generated 11 Nov 2026 05:37:56 MYT

National Record	-

Final Start Time: 07:19

Rk	Bib	Name	Team	Lane	R.Time	Result	Note
1	734	**EFYNA ARES LIZOD**	SABAH	8		**44:10.12**	
2	687	**CHAN MAY YEN**	SELANGOR	3		**44:56.36**	
3	638	**LEE YING JIA**	PULAU PINANG	4		**45:06.47**	
4	637	**HENG JIA YEE**	PULAU PINANG	6		**45:58.00**	
5	691	**GHAYATHRY A/P DIVAGARAN**	SELANGOR	7		**46:26.19**	
6	731	**SANGEETHAA A/P SIVANES**	KEDAH	2		**49:56.53**	
	612	**KOH JUN YUAN**	MELAKA	5		**DNF**	
	613	**SHARIFAH RAIHANATUL HUDA BINTI**	MELAKA	1		**DNF**	

Approved by TD:

Technical Delegate Signature

Name: _____

Date: _____

Legend: Rk = Ranking DNS = Did Not Start DNF = Did Not Finish DQ = Disqualified Q = Qualified by Place q = Qualified by Time

Timing & Results provided by INNOTEX